



# GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC accredited grade 'B'  
Lohiya Nagar, Kankarbagh, Patna  
A constituent unit of Patliputra University, Patna



Department of Home Science in collaboration with NSS organized a yoga camp in the campus to celebrate the International Yoga Day on 21<sup>st</sup> June'22.

**Ganga Devi Mahila Mahavidyalaya**  
NAAC Accredited Grade 'B'  
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Invites All  
To Celebrate International Yoga Day  
"YOGA FOR HUMANITY"  
With Yoga Experts

Date  
20/06/2022 - Poster Display  
21/06/2022 - Yoga Practice

TIME: 10AM  
VENUE: COLLEGE STAGE

Organiser  
Dr. Vidya  
Asst. Prof.  
Dept. of Home Science

Convener  
Dr. Bajja Shilpi  
Associate Prof.  
NSS Programme Officer

Chairperson  
Prof. (Dr.) Manibala  
Prof. In-charge, GDMM

Abhishek Kam  
Aadya Rai





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A book entitled “Essays on Indian English Authors” edited by Dr. Subhasini Sinha, Dr. Anita Sinha and Dr. Farhin Jahan of English department was released on 19<sup>th</sup> July’22. Chapters written by teachers and students of English department of GDMM were published in it.





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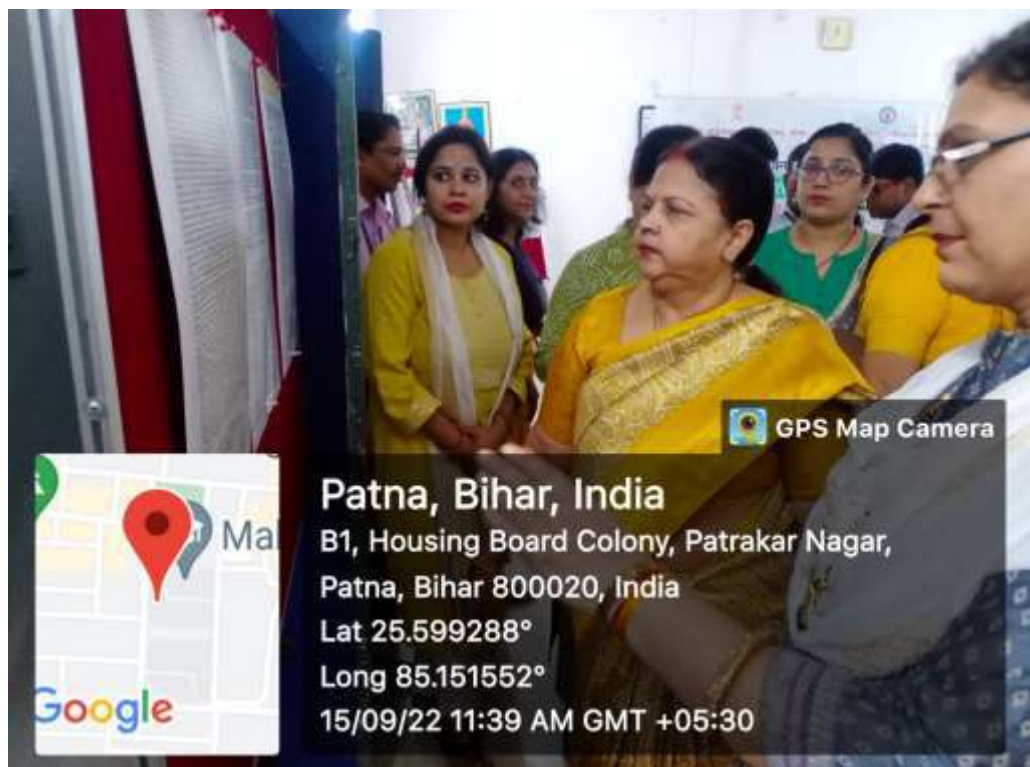


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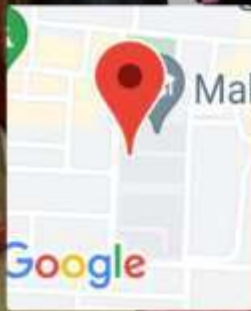


**12.09.2022: Exhibition on "Tribal Movements in Bihar" in collaboration with Bihar State Archives by Department of History**









### Patna, Bihar, India

B-70, P C Colony Rd, Housing Board Colony, RBI Flats Colony, Patrakar Nagar, Patna, Bihar 800020, India

Lat 25.599298°

Long 85.151577°

15/09/22 11:53 AM GMT +05:30





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15.10.22 – Training on “Communication Skill and Personality Development” by TIME, Patna

15/10/22

Notice

Seminar conducted on "Communication skill and Personality Development" on 15/10/2022 at 11:30am by

TIME Patna  
Ranjana (Faculty)

TIME Patna  
Deepa Kumar (Student's relation manager)

attended by following students

Sl.	Name	Dept.	Roll No	Year of Pass
1	Ritika Raj	B.B.M 2 <sup>nd</sup>	01	2020-2023
2	Ehta Kumari	B.B.M 3 <sup>rd</sup>	02 <sup>03</sup>	2020-2023
3	Supriya Kumar	B.B.M 3 <sup>rd</sup>	02	2020-2023
4	Shuchi Shrivastav	B.B.M 2 <sup>nd</sup>	10	2021-2024
5	Sakshi Bharti	B.B.M 3 <sup>rd</sup>	06	2021-2024
6	Amritha Kumari	B.B.M 2 <sup>nd</sup>	05	2021-2024
7	Aksha	B.B.M 2 <sup>nd</sup>	17	2021-2024
8	Bandana Kumari	M.Sc I <sup>st</sup>		2022-2024
9	Sweety Kumari	B.A III <sup>rd</sup>	325	2020-2023
10	Bhavana Kumari	M.Sc I <sup>st</sup>		2022-24
11	Arijali Kumari	M.Sc I <sup>st</sup>		2022-24
12	Neha Kumari	BCA Appearing	01	2018-21
13	Sneha Verma	BCA	08	2018-21
14	Muskan Kumari	BCA	09	2018-21
15	Pooja Jha	MCA		Appearing
16	Shivani Kumari	MCA		Appearing
17	Jyoti Kumari	M.Sc		Appearing
18	Akshita Bharti	B.Sc		20-23

Maharaja





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A one week training program imperative for enhancement of essential lifeskills, soft skills, Communication skills, Presentation skills and Interview skills was organized for students in collaboration with Nandi Foundation's Mahindra pride Classrooms.

## Ganga Devi Mahila Mahavidyalaya

Kankarbagh, Patna - 20

### Notice

### On Campus Employability Skills

### **Nandi Foundation's Mahindra Pride Classrooms**

A training programme imperative for enhancement of essential life skills, soft skills, communication skills, presentation skills and interview skills will be organized for students.. Trainers will be deployed by Mahindra pride classroom.





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Nandi Foundation's Mahindra pride Classrooms from 19.12.2022 to 26.12.2022.

Naandi		MPC "BIHAR" - Trainers Attendance Sheet										Mahindra PRIDE CLASSROOM						
College Name / University		GANGA DEVI MAHILA COLLEGE, PATNA																
College Category		GENERAL																
District		PATNA																
NAAC Grade & Rural (or) Urban		B																
S.No	Trainer Name	Date (DD/MM/YYYY)	19-Dec-22		20-Dec-22		21-Dec-22		22-Dec-22		23-Dec-22		24-Dec-22		25-Dec-22		No. of Days	Total No. of Hours
		Day	Day - 1	Day - 2	Day - 3	Day - 4	Day - 5	Day - 6	Day - 7									
		No. of Hours (Per Day)	6	6	6	6	6	6	6	6	6	6	6	6	6	6		
		Timing (From & To)	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00	08:00 12:00		
1	RIZWAN ALAM	SIGNATURE-	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	<i>Rizwan</i>	7	42
Total No. of Hours																	40	

*Moushika*  
 Authorized 26.12.22  
 Signature & Seal  
 PRINCIPAL  
 GANGA DEVI MAHILA MAHAVIDYALAYA  
 KANKARBAGH PATNA-20



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## Sunstone's Career Catalyst Program on 23.12.2022

A career focused training intervention was organized at GDMM college campus.





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## Skill Development program by Nehru Youth Centre, Patna on 18.01.23

A skill development program was organized by Nehru Youth centre in which Mrs. Usha Tiwari, food processing expert guided our students on making, preservation and marketing of Pickles, papad, Jam, Jelly etc,





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**On 28.02.2023, Nehru Yuva Kendra, Patna organized a workshop related to food processing for the students in Ganga Devi Mahila Mahavidyalaya Campus. Students enthusiastically participated in the program and enriched their skills.**







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## Youth Festival at NIT Patna

Students of GDMM set up a stall at the district Youth Festival organized by Nehru Yuva Kendra Sangathan at NIT Patna on 18.03.23. Sri Vivek Thakur, Honourable MP and President of Parliamentary standing committee (Women, Children, Education, Youth and Sports) graced the occasion with his presence. Students of Home Sc dept displayed home-made pickles, spices etc at the stall.





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## Millet Mela

Nehru Youth Centre, Patna in association with Vikas Youth Foundation has organized "Millet Mela" in Ganga Devi Mahila Mahavidyalaya on 16.08.2023. Students from different departments participated in the program. Principal Prof. Mani Bala was the chief guest and Dr. Sajla Shilpi and Mr. Pamir Singh, District youth officer from Nehru Youth Centre were present.





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## MSME Awareness and Training Program

### एमएसएमई-विकास कार्यालय

सूक्ष्म, सघु एवं मध्यम उद्यम मंत्रालय

भारत सरकार

पटलिपुत्र औद्योगिक प्रान्त,

पटना - 800013 (बिहार)



### MSME - DEVELOPMENT & FACILITATION OFFICE

Ministry of Micro, Small & Medium  
Enterprises  
Government of India  
Patliputra Industrial Estate,  
Patna - 800013 (BIHAR)

संख्या - एमएसएमई-डीएफओपीए/आईएमटी/प्रसडीपी-एचसी/03बी/07/2023-24 - 1049

दिनांक - 21/08/2023

प्राचार्या

गंगा देवी महिला महाविद्यालय  
कंकड़बाग, पटना

विषय :- एक दिवसीय जागरूकता कार्यक्रम एवं 06 सप्ताह वस्तु निर्माण पर उद्यमिता सह कौशल कार्यक्रम के संबंध में  
महोदया,

आपके महाविद्यालय के श्रीमती राजला सिन्धी, विभागाध्यक्षा, गुरु विज्ञान से हुई कार्यालय के संदर्भ में यह जानकारी  
देने हुये हरे हरे राहा की हमारे कार्यालय के द्वारा उपरोक्त विषय पर कार्यक्रम बनने का निर्णय लिया गया है।

अतः आपसे अनुरोध है की उपरोक्त कार्यक्रम हेतु जगह का व्यवस्था किया जाए जिससे कार्यक्रम को सुचारु रूप  
से चिन्ता जा सके।

इस कार्यक्रम को आयोजन हेतु आपके महाविद्यालय से पूरी सहयोग की आशा है।

भवदीय

(संजीव जाजवाल)  
सहायक निदेशक

Website: [www.msmedipatna.gov.in/](http://www.msmedipatna.gov.in/) Email: [dcdi-patna@dcmsme.gov.in](mailto:dcdi-patna@dcmsme.gov.in)

Tel: EPABX - 0612- 2262208, 2263211, 2262186 (SCCR), 2262568 (DIR), 0612-2262719 (FAX)

Follow Ministry of MSME @minmsme. Be a CHAMPION, visit [Champions.gov.in](http://Champions.gov.in)

MSME Ministry, Government of India's MSME Development Centre, Patna organized an entrepreneurship awareness program in Ganga Devi Mahila Mahavidyalaya. Under it a 6 week training will be given in the field of Garment making.



शाखा एवं भाग ३ | आठवां खण्ड ३ | ११/०१ | अखबार का पता: ११५/१८, पटना ३, आठवां

## उद्यमिता विकास कार्यक्रम का आयोजन

पटना नई सोच एक्सप्रेस। कंकड़बाग स्थित गंगा देवी महिला महाविद्यालय के प्रांगण में भारत सरकार एमएसएमई मंत्रालय के एमएसएमई विकास संस्थान पटना, द्वारा उद्यमिता जागरूकता कार्यक्रम का आयोजन किया गया। यह कार्यक्रम प्रदीप कुमार, निदेशक के कुशल मार्गदर्शन में किया गया। एमएसएमई विकास कार्यालय, पटना के सहायक निदेशक संजीव अजायद ने एमएसएमई के क्रियाकलापों के बारे में विस्तृत चर्चा करते हुए उद्यमिता पर लोगों को जानकारी दिया। सहायक निदेशक सप्रत मुरलीधर झा ने प्रधानमंत्री रोजगार रूजन कार्यक्रम के बारे में उपस्थित

लोगों को बताया। अकिश कुमार ने उद्योग लगाने पर विशेष बल देते हुए लोगों को बताया कि इससे बेरोजगारी की समस्या का समाधान संभव है। तथा तिवारी ने उपस्थित महिलाओं को उद्यमी बनने पर जोर दिया। नमामि गी के जिला परियोजना पदाधिकारी दीपिका मणि ने भी उद्योग में अस्तीम संभावनाओं के बारे में विस्तृत जानकारी दी। गंगा देवी महिला महाविद्यालय के गुरु विज्ञान विभाग की विभागाध्यक्ष डॉक्टर सजला शिल्पी ने भी महिलाओं को उद्योग के क्षेत्र में आगे आने के लिए प्रोत्साहित किया। महाविद्यालय की डॉक्टर विद्या एवं डॉक्टर स्नेहा मिश्र ने भी उद्योग के बारे में चर्चा की।



Garment making – 21.09.23









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## **FactShala training workshop by Minati Chaklanavis- a two hour media literacy training workshop to empower the students of GDMM on 20th Sept, 2023.**

Through this workshop the participants learnt not only to verify information but also think critically. The workshop enriched the participants as they learnt the tools and techniques to handle their social media account smartly. Critical Thinking will help them develop their own concept and understanding of anything they read, hear or see.





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## Seminar-cum-counseling

Under the aegis of IQAC, GDMM; Sehat Kendra and EBSB committee of the college organized a seminar-cum-counseling session was organized for young girls in association with Inner Wheel Club of Shivalja.

Guest speaker Dr. Binda Singh (famous psychiatrist) talked on the topic "Stress management in adolescence" and counseled the girls who approached her with some dilemma. Guest speaker Dr. Nidhi Singh (consultant Obs & Gyn) talked about Menstruation problems and how to handle it. Students freely discussed their problems with her.

IWC conducted a follow-up quiz session and rewarded the students with sanitary napkins for correct answers. Students enthusiastically listened to the speaker and interacted with them about their doubts/problems.

**INNER WHEEL CLUB OF PATNA SHIVALJA**  
An awareness programme in Association with  
**Ganga Devi Mahila Mahavidyalaya**  
Organizing seminar on "How to handle Mensuration problems "  
"stress management in adolescence". You all are invited to attend the seminar...

**Guest Speaker:-**  
Dr.Nidhi Singh (Consultant Obs & Gyn)  
Dr. Bindha Singh (Famous Psychiatrist)

**Initiative by:-**  
Sehat Kendra

**Venue:-** Conference Hall, GDMM, PPU  
**Date:-** 27/07/21  
**Time:-** 1:40 pm

**Chairperson :-**  
Dr, Prof. Manibala '  
Principal of GDMM  
College

**President**  
Nupur Prasad  
(IWC SHIVALJA)







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## Nutrition Month Celebration

September is dubbed as nutrition month in India. This initiative is taken by the Government of India in the light of educating people about health and nutrition which plays a significant role in overall human development and social infrastructure. Every private and government agency supported the initiative by celebrating Nutrition Month.

As a gesture of showing our support to the government's program, Ganga Devi Mahila Mahavidyalaya conducted National Nutrition Month (Rashtriya Poshan Maah) celebration on 21st September 2021 with the purpose of spreading nutritional awareness for college going girls and pregnant mothers. A few event were organised by Dr Vidya, Assistant Professor, Deptt. of Home Science. Program was started with inaugural speech by Dr. Meera Kumari, Asst. Professor, Department of Home Science followed by the addressal of occasion by Principal Prof. Manibala.

Students of all the departments participated in the following events with great enthusiasm:-

**Event 1** - Healthy cooking competition included cooking of nutritious enriched cereals like Idli, Upma, Poha, Dhokla and Sandwich

Adity Raj won 1st prize, 2nd and 3rd prize won by Ankita Kumari (BA 2nd year) and Jyoti Kumari (IA 2nd year) respectively.

**Event 2** - Quiz competition related to Nutrition. Participation of students was highly appreciated. First prize was won by Aarohi Kumari of IA 2nd year. Second prize won by Ankita Kumari of BA 2nd year and Adity Raj of BA 3rd year got third prize.

**Event 3** - Meal planning for College going Girls and Pregnant Mother Workshop. Students of Home Science were participated and first prize for attractive meal plan was won by Madhu Bharti of BA 2nd year and Priyanka Verma of 3rd year. Niti Kumari of BA 2nd year and Adity Raj of 3rd year shared the second prize. Third prize shared by Ankita Kumari of BA 2nd year and Juli Kumari of BA 3rd year.

**Event 4** - Students of all streams displayed Posters and slogans for nutritional awareness.

Students got participation certificate also.



**Ganga Devi Mahila Mahavidyalaya  
Patliputra University, Patna**



**Invites all**

**to Celebrate  
National Nutrition Month (Rashtriya Poshan Maah)  
1st - 30th September 2021**

**Organised by  
Department of Home Science**



**Date: 21st September 2021, Time- 12:00Pm Venue : Hall No. - 15**

**Organiser  
Dr Vidya  
Dept. of Home sc.**

**Convenor  
Dr. Meera Kumari  
Dept. of Home sc.**

**Principal  
Prof. (Dr.) Manibala**





**GANGA DEVI MAHILA MAHAVIDYALAYA**



Patliputra University, Patna

*Celebrating*

**NATIONAL NUTRITION MONTH  
(RASHTRIYA POSHAN MAAH)**

**1<sup>st</sup> - 30<sup>th</sup> September 2021**

Organised By :-

**DEPARTMENT OF HOME SCIENCE**







इसकी जानकारी बोर्ड को भेज देना है।  
Hindustan 22/09/2021

## किशोरियों को जागरूक किया

पटना। गंगा देवी महिला महाविद्यालय में गृह विज्ञान विभाग की ओर से राष्ट्रीय पोषण माह का आयोजन किया गया। गृह विज्ञान की छात्राओं ने गर्भवती महिलाएं और कॉलेज जाने वाली किशोरियों की एक दिन की आहार तालिका प्रस्तुत की। पोस्टर के माध्यम से लोगों को जागरूक करने की कोशिश की। छात्राओं में आरोही, अदिति राज को प्रथम, अंकिता, अदिति द्वितीय एवं ज्योति, जूली को तीसरा पुरस्कार दिया गया। शिक्षिका डॉ. मीरा कुमारी ने धन्यवाद ज्ञापन किया।

म छापमारा कर रहा है। (जासं)  
Dainik Jagaran  
गंगा देवी महिला मवि में पोषण माह का आयोजन  
पटना : गंगा देवी महिला महाविद्यालय में मंगलवार को गृह विज्ञान विभाग की तरफ से राष्ट्रीय पोषण माह का आयोजन किया गया। कार्यक्रम में प्राचार्या डा मणिबाला एवं शिक्षक, शिक्षिकायें तथा छात्राएं शामिल हुए। गृह विज्ञान की शिक्षिका डा मीरा कुमारी एवं डा विद्या ने छात्राओं को पोषण के संबंध में जानकारी दी। गृह विज्ञान की छात्राओं ने गर्भवती व कॉलेज जाने वाली किशोरियों की एक दिन की आहार तालिका प्रस्तुत की। छात्राओं ने हेल्दी कुकिंग प्रतियोगिता एवं विषय में भाग लिया। (जासं)

# गंगा देवी में पोषण माह का शुभारंभ

प्रतियोगिता में टॉपर को सर्टिफिकेट दिया गया

[patna@inext.co.in](mailto:patna@inext.co.in)

**PATNA (21 Sept):** कंकड़बाग स्थित गंगा देवी कॉलेज में 21 सितंबर को होम साइंस डिपार्टमेंट की ओर से राष्ट्रीय पोषण माह का आयोजन डायटीशियन डॉ विद्या की ओर से किया गया। इसमें प्रिंसिपल डॉ मणिबाला और शिक्षकों, शिक्षिकाओं और छात्राओं की बड़ी संख्या में उपस्थिति रही। होम साइंस की टीचर डॉ मीरा कुमारी एवं डॉ विद्या ने छात्राओं को पोषण के महत्व के बारे में जानकारी दी। होम साइंस की छात्राओं ने गर्भवती महिला एवं कॉलेज जाने वाली किशोरियों का एक दिन की आहार तालिका प्रस्तुत की और पोस्टर के माध्यम से लोगों को जागरूक करने की कोशिश की। अन्य छात्राओं ने भी हेल्दी कुकिंग प्रतियोगिता में पार्टिसिपेट किया। प्रतियोगिता में प्रथम, द्वितीय और तृतीय स्थान प्राप्त प्रतिभागी छात्राओं को सर्टिफिकेट दिया गया। अंत में इसके सफल आयोजन के लिए होम साइंस की टीचर डॉ मीरा कुमारी ने धन्यवाद ज्ञापन किया।



**टीचर्स ने स्टूडेंट्स को पोषण के महत्व के बारे में जानकारी दी पोस्टर के माध्यम से लोगों को जागरूक किया गया**



# GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC accredited grade 'B'  
Lohiya Nagar, Kankarbagh, Patna  
A constituent unit of Patliputra University, Patna



Sehat Kendra and IQAC organized a Mental health awareness webinar on 9/03/2022 on the topic “Stress management and sleep hygiene”. Expert Dr. Shailendra Kumar Mishra, MD Psychiatry (IMS BHU), Asst Prof, Govt Medical College, Banda, UP was the speaker.





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Online career Counselling Program on 11.03.22.

**Ganga Devi Mahila Mahavidyalaya,**  
A Constituent Unit of Patli Putra University, Patna

## CAREER COUNSELLING PROGRAM

DATE: 11 | TIME: 04:00 PM

### MOHAMMAD ASHFAQ

Motivational Speaker,  
Career Coach & Author

**Convener:**  
Dr. Shailesh k. Sinha,  
Assistant Professor,  
Dept. of Zoology

**Chairperson:**  
Prof. Mani Bala  
Prof. in-charge,  
GDMM

**Co-ordinator:**  
Dr. Jyoti Mala  
Assistant Professor,  
Dept. of Philosophy





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Poshan Pakhwada was celebrated by NSS and Home Science department of GDMM.

Following programs were conducted:

Health Quiz

Poshan themed poem competition

Making of healthy laddoos

Kitchen gardening

Preparation of traditional tribal food of Jharkhand for healthy mother and baby.

Discussion on complete vaccination and on Anaemia: prevention and dietary management.

World Health Day celebration on 7<sup>th</sup> April.





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2<sup>nd</sup> lecture in the “Creating mental health Awareness” series was organized by the Sehat Kendra and IQAC of the college on 17<sup>th</sup> May’2022. The topic was “Global Thinking Local Action”. Renowned psychologist Dr. Mukesh Kishore was the honourable speaker.





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A one week training program imperative for enhancement of essential lifeskills, soft skills, Communication skills, Presentation skills and Interview skills was organized for students in collaboration with Nandi Foundation's Mahindra pride Classrooms.

## Ganga Devi Mahila Mahavidyalaya

Kankarbagh, Patna - 20

### Notice

### On Campus Employability Skills

### **Nandi Foundation's Mahindra Pride Classrooms**

A training programme imperative for enhancement of essential life skills, soft skills, communication skills, presentation skills and interview skills will be organized for students. Trainers will be deployed by Mahindra pride classroom.

Time	-	11:00 AM
Date	-	18-10-22 onwards
Duration	-	One week
Eligibility	-	UG/PG (any stream)
Fee	-	No charge of fee

*A. K. Singh*  
Prof-in-Charge





**Patna, Bihar, India**

Viklang bhawan hospital, H5X2+VMR, Housing Board Colony,  
 Kankarbagh, Patrakar Nagar, Patna, Bihar 800020, India  
 Lat 25.599624°  
 Long 85.151569°  
 14/11/22 02:37 PM GMT +05:30



**Patna, Bihar, India**

H5X2+RQH, Housing Board Colony, Kankarbagh, Patrakar Nagar, P  
 Bihar 800020, India  
 Lat 25.599663°  
 Long 85.151756°  
 14/11/22 02:26 PM



**Patna, Bihar, India**

H5X2+RQH, Housing Board Colony, Kankarbagh, Patrakar Nagar, P  
 Bihar 800020, India  
 Lat 25.599676°  
 Long 85.151779°  
 14/11/22 02:28 PM



World Yoga Day celebration on 21.06.21



**Ganga Devi Mahila Mahavidyalaya  
Patliputra University, Patna**



**Invites All**

**To The Virtual Celebration of International Yoga Day  
21st June 2021**

Theme

**Be with yoga, Be at home**



**Abhishek Karn  
Yoga Expert**

**Patanjali Yogpeeth, Haridwar**

**Date 21st June 2021, Time 4pm Through  
Zoom App**

**Organizer**

**Dr. Vidya (Asst. Prof.)  
Dept. of Home Science**

**Chairperson**

**Prof. Mani Bala  
Principal, GDMM**



# GANGA DEVI MAHILA MAHAVIDYALAYA

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## SURYA NAMASHKAR



Benefits  
of Surya  
Namashkar

- A. It improves the blood circulation of all the important organs of the body.
- B. Improves the functioning of the heart and lungs.
- C. Strengthens the muscles of the arms and waist.
- D. Makes the spine and waist more flexible.
- E. Helps in reducing the fat around the abdomen and thus reduces weight.
- F. Improves digestion.



Name:-Payal Sinha  
Class:-BSc part-II Botany(Hons.)





**NAME-SARBIL KUMARI**  
**CLASS-BA 2ND YEAR**  
**HONS-POLITICAL SCIENCE**



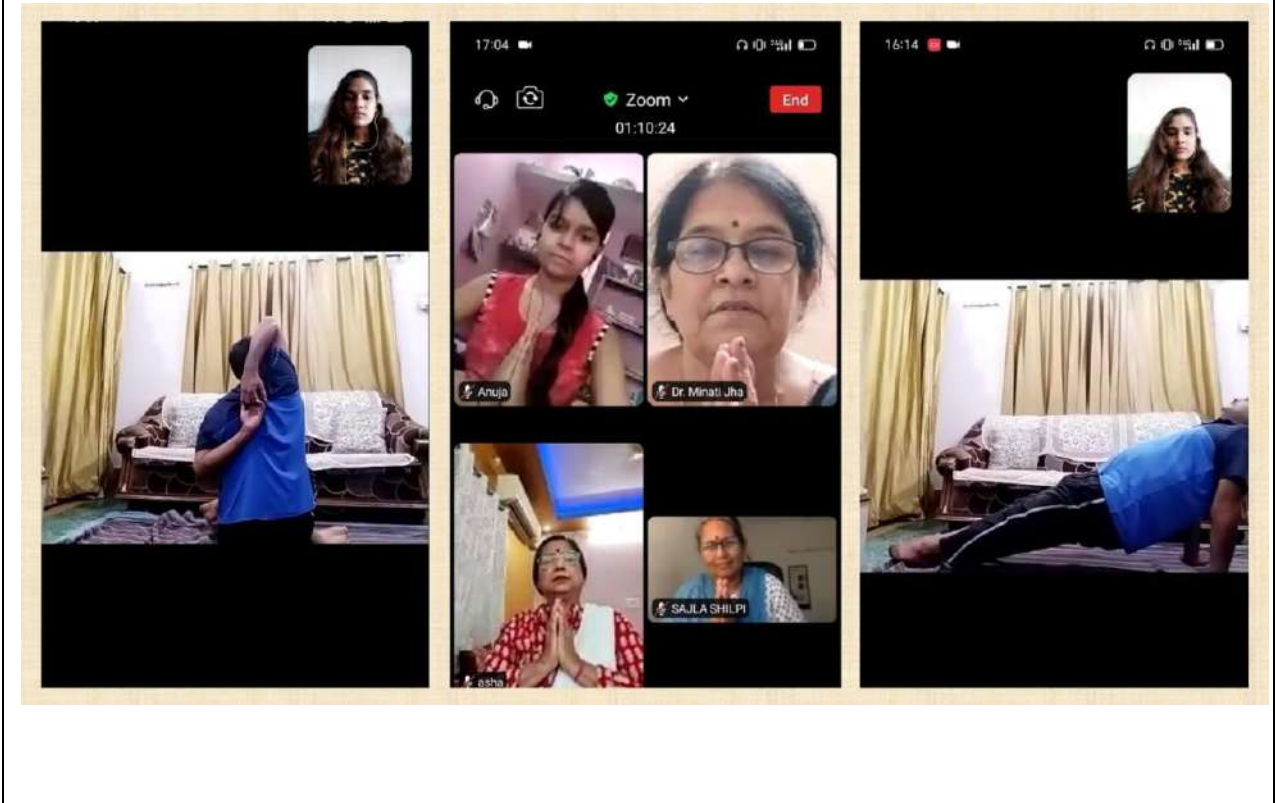
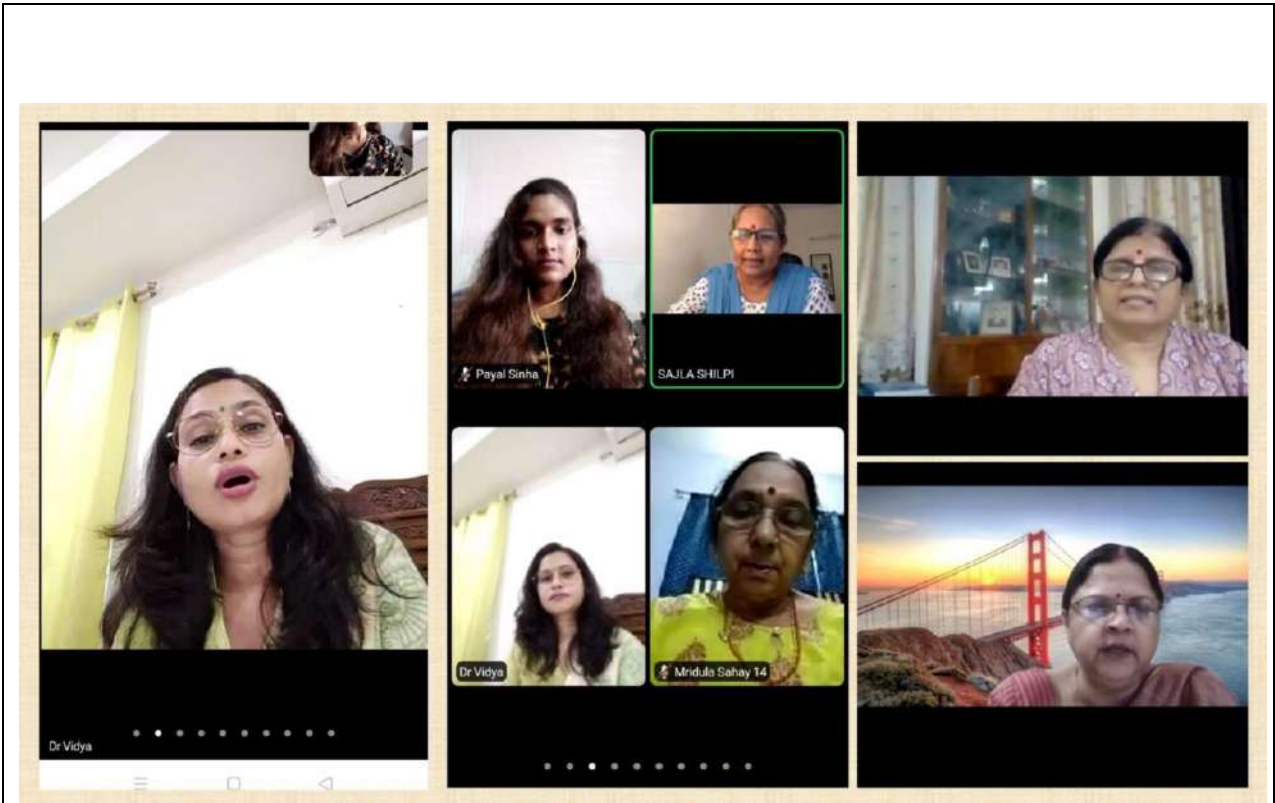
**Janvi Anand** Political Science(Hons.)  
**BA 1st year**



**Name - Jyoti Kumari**  
**Class - B.Sc 1st Year**  
**Sub - Zoology hons**  
**Topic : Yoga Photo Collage**



**Name:- Akriti Bharti**  
**B.A part-I**  
**Botany (Hons.)**





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## Yoga day celebration during lockdown in 2020



**Ganga Devi Mahila Mahavidyalaya**  
Patliputra University, Patna

Invites All  
To The Virtual Celebration of International Yoga Day  
21st June 2020

Theme  
"Yoga at Home & Yoga with Family"



Mrs. Yashanti Singh  
Yoga Expert  
Patanjali Yogpeeth, Haridwar

Date - 21st June 2020, Time - 5:00pm to 6:00pm, Through Zoom App

Organiser  
Dr. Vidya (Asst. Prof.),  
Dept. of Home Science

Principal  
Prof. (Dr.) Manibala



**Program Schedule for Virtual Celebration of International Yoga Day, GDMM, PPU, Patna -20**

Date - 21st June 2020  
Time - 5.00pm to 6.00pm, Event

5:00pm to 5:05pm - Introduction by Dr. Vidya  
5:05pm to 5:10pm - Welcome Address by Principal Prof. (Dr.) Manibala  
5:10pm to 5:30pm - Yoga Practice with Mrs Yashaswi Singh  
5:35pm to 5:55pm - Quiz Competition on Yoga  
5:55pm to 6:00pm - Vote of Thanks by Dr. Vidya

- After 40 minutes we have to rejoin our session with same id and password.
- You all are requested to mute your microphones during the session.
- Students are requested to write the correct answer in chat box with their name, year & department.





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Counselling for career enhancement, 15.06.2018

