



GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC accredited grade 'B'
Lohiya Nagar, Kankarbagh, Patna
A constituent unit of Patliputra University, Patna



Extension activities by EBSB (2019-20)

1. **EBSB day** was celebrated with great enthusiasm and vigour. Honourable principal inaugurated the EBSB day with her speech emphasizing the bond of unity amongst all the diversities in the nation. A presentation by Dr. Rimjhim Sheel (nodal officer), Dr. Bhavya Jha and Mrs. Sweta Gupta (NSS members) about the Geography and festivals of Tripura and Mizoram endowed all with the knowledge of hills, valleys, rivers, climate, flora and fauna as well as festivals of the states. Students participated in the quiz session after the presentation. NSS coordinator and HOD of Home Science Department Dr. Sajla Shilpi took the initiative to explain the recipes of famous dishes from Tripura and Mizoram. We plan to involve students setting up stalls of these dishes on the EBSB day in February.




EBSB Coordinator
Ganga Devi Mahila Mahavidyalaya
Kankarbagh, Patna-20



Rshul
EBSB Coordinator
Ganga Devi Mahila Mahavidyalaya
Kankarbagh, Patna-20

2. Notice/ Display board about paired State

Name of the event	Notice/ Display board about paired State
Key Participant	
Total No of Participants	
Summary of Event	Content related to Tripura and Mizoram was displayed on the notice board. It included the location of the state, its geography, polity, livelihood, culture, heritage etc.

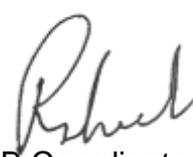
Know the states- Tripura and Mizoram

Tripura

- One of the seven states of North East India
- It is bordered to the north, west, and south by Bangladesh, to the east by the state of Mizoram, and to the northeast by the state of Assam.
- The capital is Agartala near the Bangladesh border in the northwestern part of the state.
- predominantly a hilly region.
- Tripura was made a union territory on Sept. 1, 1956, and it became a state on Jan. 21, 1972.
- Tripura Population 2019 –4.6872 Million.
- Tripura is noted for bamboo and cane handicrafts. Bamboo played important part in the jhum cultivation (shifting cultivation) of the tribes.
- Bengali is the most spoken language, due to the predominance of Bengali people in the state. Kokborok is a prominent language among the tribes. Several other languages belonging to Indo-European and Sino-Tibetan families are spoken by the different tribes.
- Music and dances are integral part of the Tripuri tribal communities. Songs are sung during religious occasions, weddings, and other festivals. Each tribal community has their own repertoire of songs and dances.

Mizoram

- One of the seven states of North East India.
- It is in the northeastern part of the country and is bounded by Myanmar (Burma) to the east and south and Bangladesh to the west and by the states of Tripura to the northwest, Assam to the north, and Manipur to the northeast.
- The capital is Aizawl, in the north-central part of the state
- Mizoram was previously part of Assam until 1972, when it was carved out as a Union Territory. It became the 23rd state of India, a step above Union Territory, on 20 February 1987.
- Mizoram is a highly literate agrarian economy, but suffers from slash-and-burn jhum, or shifting cultivation, and poor crop yields
- Mizo, English and Hindi are the official languages of the state.
- The majority (87%) of Mizos are Christians in various denominations, predominantly Presbyterian. Mizoram has a Chakma Theravada Buddhist population of 8.5%, making them the largest minority, followed by Hindus at 2.7% according to the 2011 census.
- Festivals in Mizoram mostly centers around the harvest seasons.



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3. Essay Writing/ Debated/ Drama/ Quiz/ Cultural Programme

Name of the event	Essay Writing/ Debated/ Drama/ Quiz/ Cultural Programme
Key Participant	Principal, NSS Coordinator, HODs and Teachers of different departments, students
Total No of Participants	150
Summary of Event	An essay writing and Painting competition on “Know the states: Tripura and Mizoram” and debate on “Role of females in making EBSB initiative a success” were organized. A human pyramid with the message of EBSB was made.



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4. Pledge on Swachata/ Single Use Plastic/ Water Saving/ National Unity in laguage of paired institutions

Name of the event	Pledge on Swachata/ Single Use Plastic/ Water Saving/ National Unity in laguage of paired institutions
Key Participant	Principal, NSS Coordinator, HODs and Teachers of different departments, students
Total No of Participants	200
Summary of Event	Mass Swachhta pledge was taken by students and teachers in our college to keep the environment neat and clean on the republic day.



त्रिपुरा-मिजोरम की संस्कृति की जानकारी मिली

छटना. गंगा देवी महिला कॉलेज में एमएचआरटी, सूसा और भारत सरकार द्वारा चलाये जा रहे एक भारत श्रेष्ठ भारत अभियान के अंतर्गत पावर प्वाइंट प्रेजेंटेशन का आयोजन किया गया. पीपीटी के जरिये छात्राओं को त्रिपुरा और मिजोरम राज्य के भौगोलिक परिवेश और वहां होने वाले मुख्य त्योहारों की जानकारी दी गयी. इस कार्यक्रम की मोडल ऑफिसर प्रो रिमडिम शील ने छात्राओं को पीपीटी दिखाने से पहले एक भारत श्रेष्ठ भारत अभियान से जुड़ी बातें बतायी. पीपीटी के बाद छात्राओं ने कई सारे सवाल को भी पूरा जिसका जवाब उन्होंने दिया. कॉलेज की प्राचार्या प्रो मणिबाला, डॉ मया, शैला के अस्थायी छात्राएं मौजूद थीं.


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5. Culinary Festival and Holi milan

Name of the event	Culinary Festival and Holi milan
Key Participant	Principal, NSS Coordinator, EBSB Club Members, HODs and Teachers of different departments, students
Total No of Participants	200
Summary of Event	EBSB Club and NSS Wing of GDMC organized culinary festival on 5-04-2020, where the dishes of our paired state Nagaland and Mizoram were prepared. Students got an opportunity to learn about the food habits and cuisines of our paired state. The cuisines like momoa, fermented akhuni and rice were prepared by the students. They actively participated in the whole activity and made the program successful. NSS coordinator and HOD of Home Science Department Dr.Sajla Shilpi and Dr. Vidya took the initiative to explain the recipes of famous dishes from Tripura and Mizoram. The stalls of these dishes were made by students of Home Science department. Holi milan program with the Principal, Faculty and Students was also organized on the same day.




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6. Mask making and distribution (24.04.20)



Mask stitching by students



Distribution of Mask by students


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8. Feeding stray animals and Birds



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9. Online Quiz E-Certificates of students




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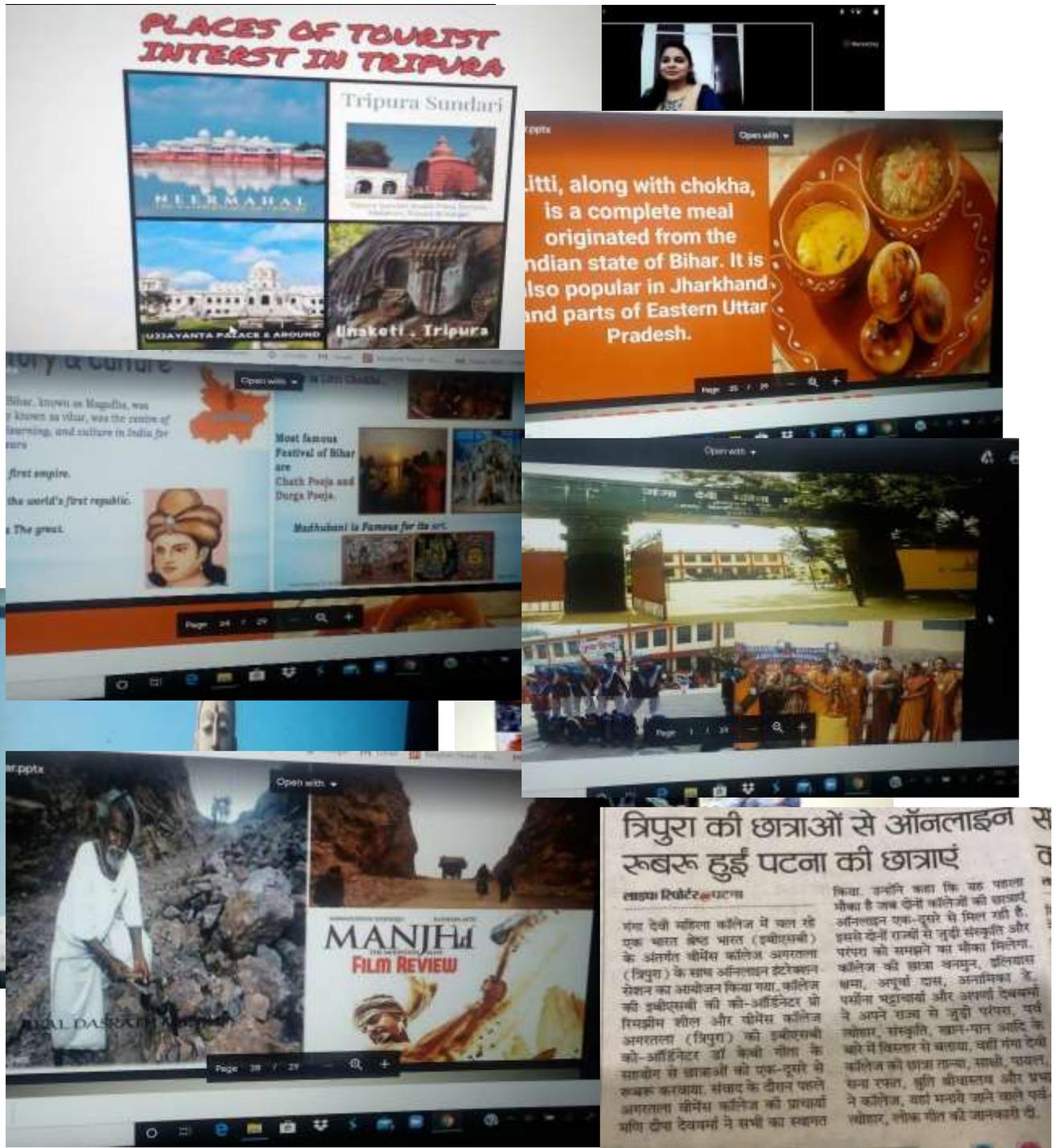



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10. On-line Students interaction program held on 29.05.2020



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(2020-21)

1. Stress Management in the Era of Coronavirus Lockdowns on 18.07.20

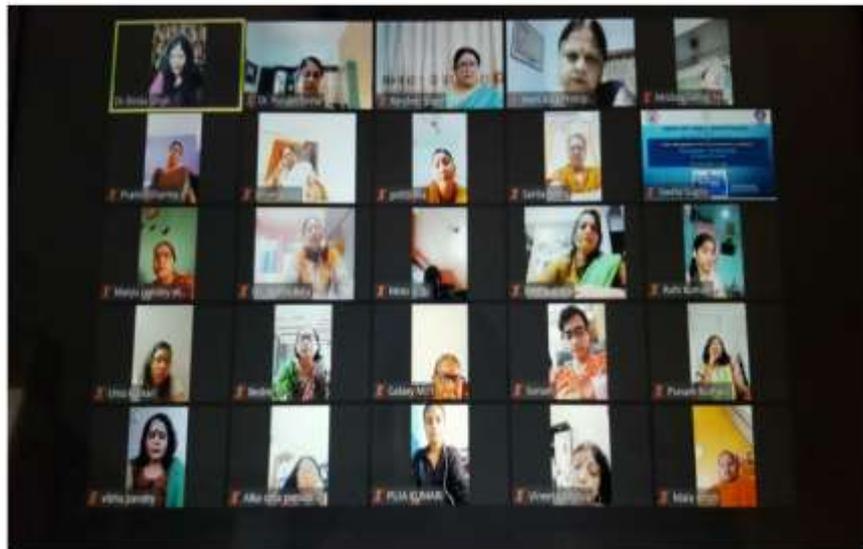
GANGA DEVI MAHILA MAHAVIDYALAYA
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PRESENTS
"Stress Management in the Era of Coronavirus Lockdowns"
Guest Speaker : **Dr. Binda Singh**
Psychologist & Psychiatrist
ON
18th of July 2020 at 12 pm

IN ASSOCIATION WITH
INNER WHEEL CLUB OF PATNA SHIVALIA
IN 1957-58 • CHARTER NO. 642

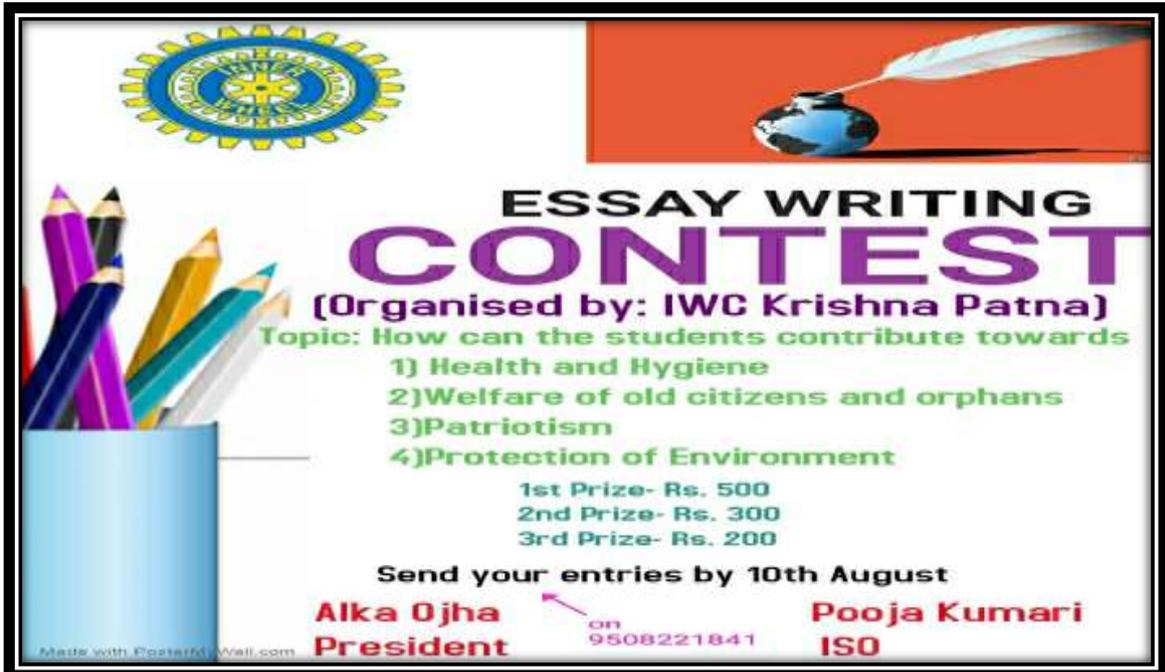
Prof. Mani Bala
Principal, GDMC

Prof. Rimjhim Sheel
Proctor & Nodal Officer EBSB




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2. Pictures of Essay writing Competition Organized From 8.08.20.to 10.08.20

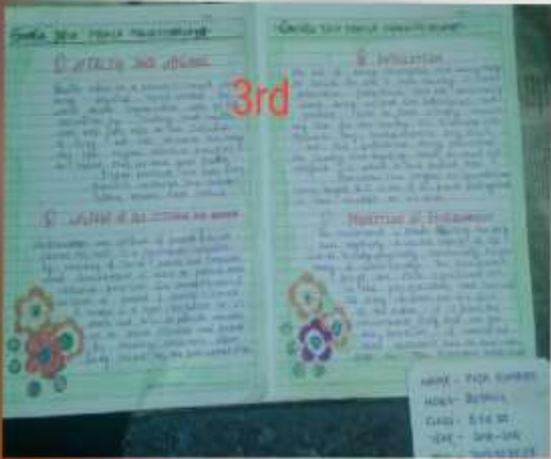
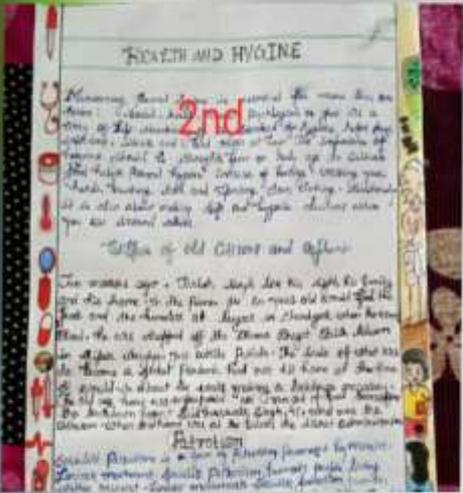


The poster features a blue gear logo with 'IWC PATNA KRISHNA' text at the top left. A quill pen is shown writing on a globe at the top right. A blue cup filled with colorful pencils is on the left. The main text reads: 'ESSAY WRITING CONTEST [Organised by: IWC Krishna Patna] Topic: How can the students contribute towards 1) Health and Hygiene 2) Welfare of old citizens and orphans 3) Patriotism 4) Protection of Environment 1st Prize- Rs. 500 2nd Prize- Rs. 300 3rd Prize- Rs. 200 Send your entries by 10th August Alka Ojha President on 9508221841 Pooja Kumari ISO'. A small watermark 'Made with PosterMyWall.com' is at the bottom left.



The top certificate is for 'Payal Sinha First Position' and is signed by Alka Ojha and Pooja Kumari. Below it are two smaller certificates: one for 'Jiya Sinha Second Position' and another for 'Puja Kumari Third Position', both signed by Alka Ojha and Pooja Kumari. All certificates include the IWC Patna Krishna logo and the text 'For her excellent performance in the event organized by the club'.


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3. Online Awareness Program program on the topic “Water Conservation and the Benefit of using Solar energy” on 11.11.2020



Ek Bharat Shrestha Bharat Club
of
Ganga Devi Mahila Mahavidyalaya
organises
an Awareness Programme on the topic

Time- 2:30 pm
Date- 11-11-2020
Platform- Zoom
ID:89882261915
Password:IW325

“WATER CONSERVATION & BENEFITS OF USING SOLAR ENERGY”

Speakers



Mrs Sweta Gupta
Asst. Professor Botany

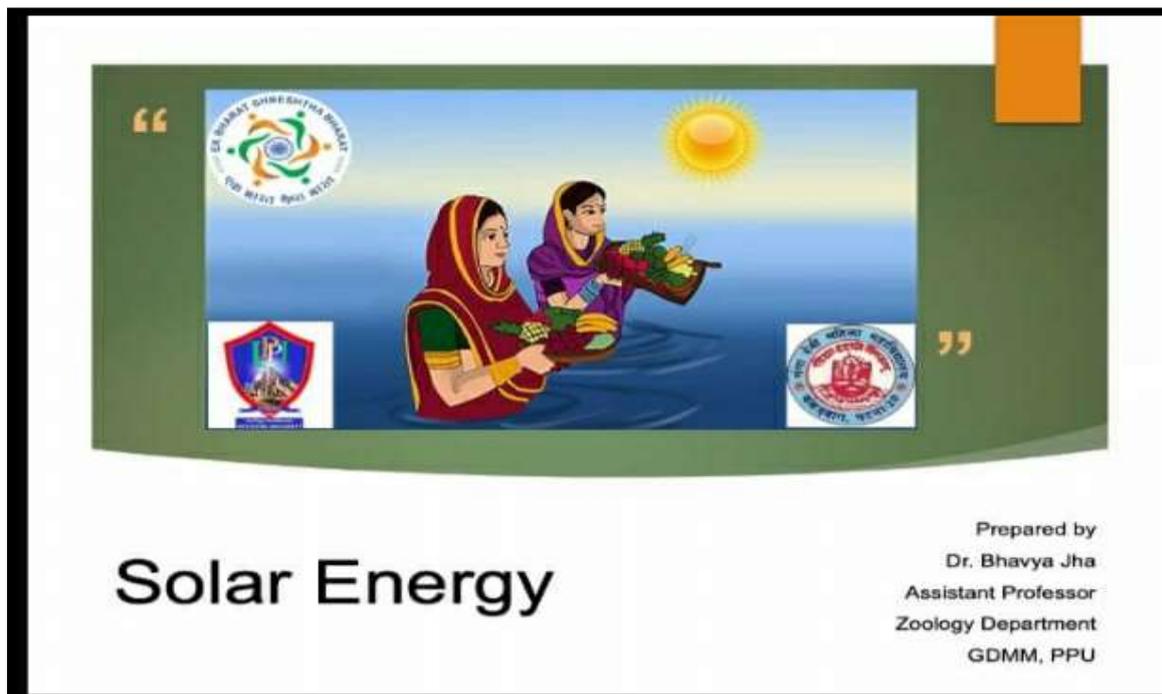
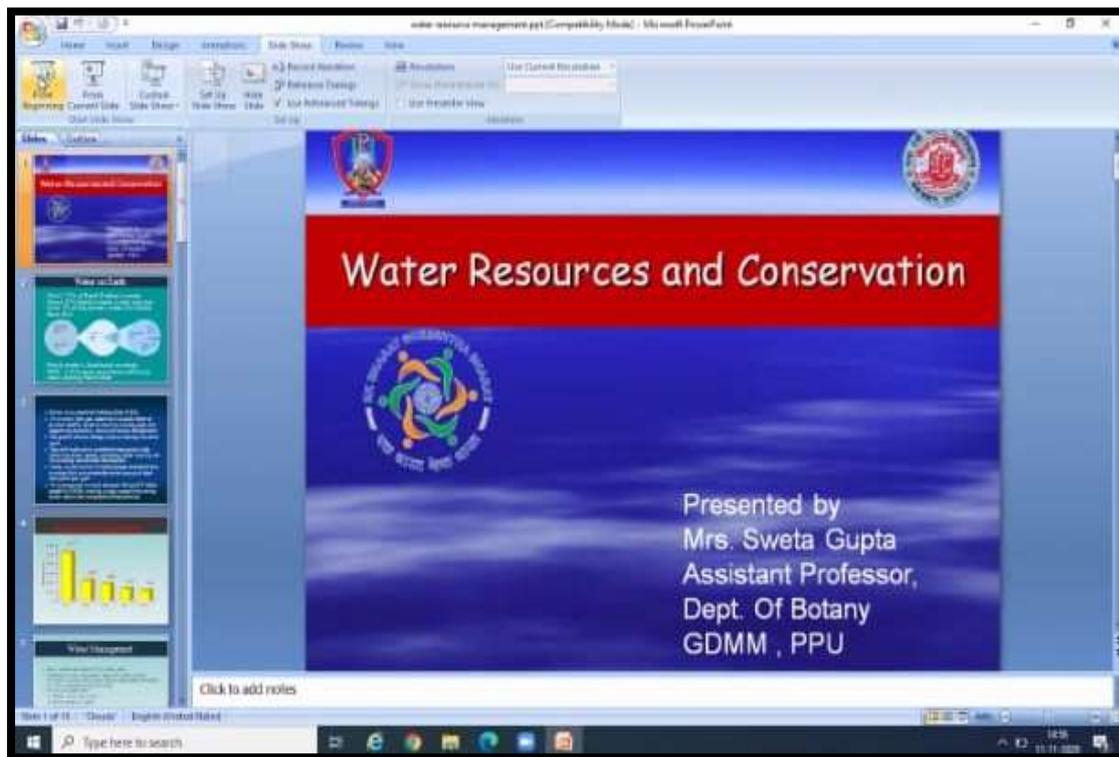
Dr. Bhavya Jha
Asst. Professor Zoology

Professor Rimjhim Sheel
Organizing Secretary &
Nodal officer, EBSB

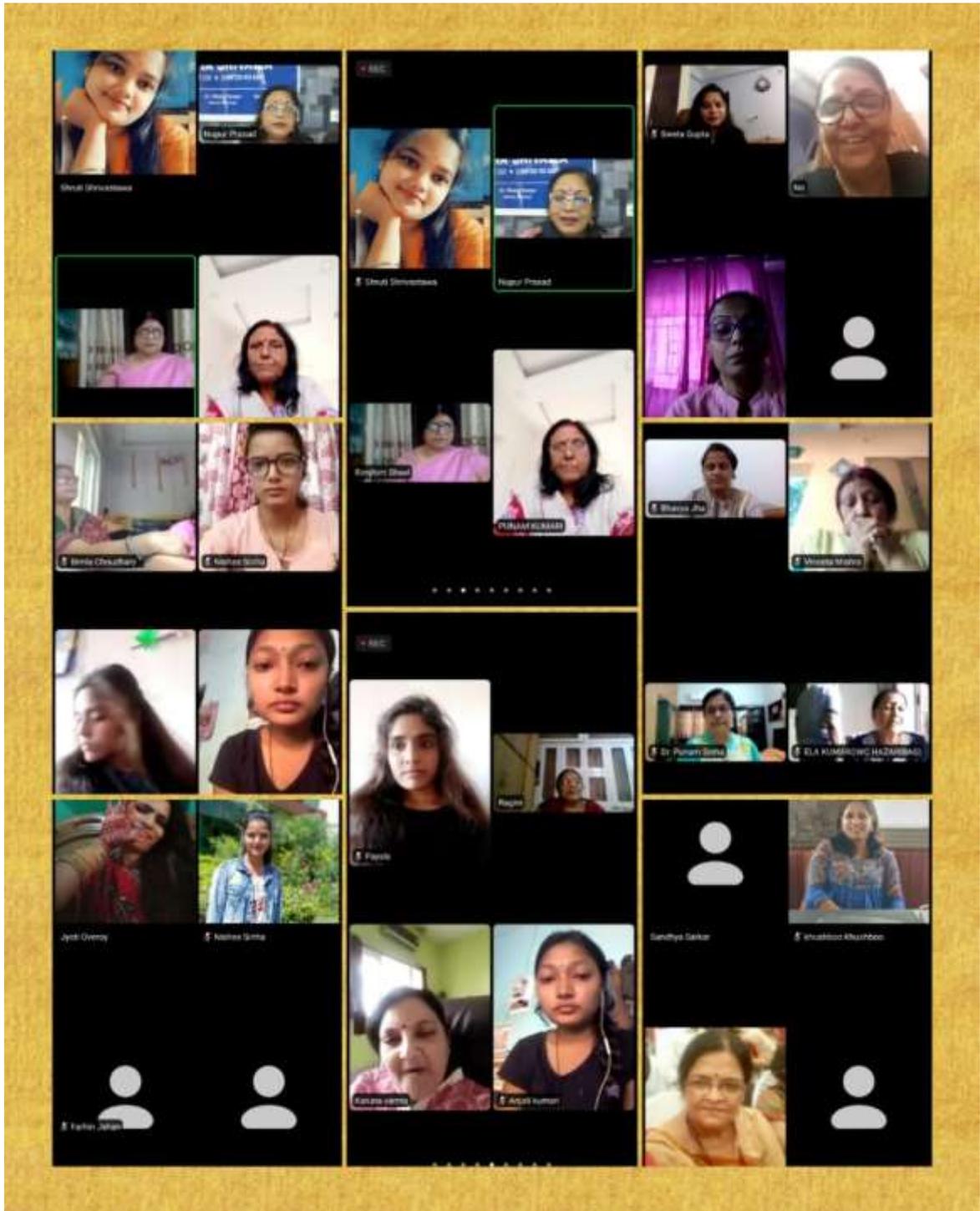
Professor Rita Singh
Principal, GDMM




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