

GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC accredited grade 'B' Lohiya Nagar, Kankarbagh, Patna A constituent unit of Patliputra University, Patna



7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words

Institutional Distinctiveness: Health Awareness





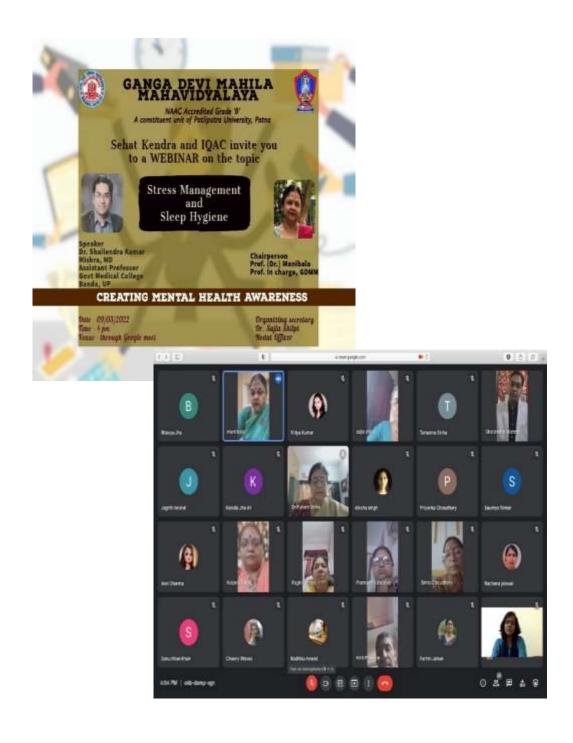




• Sehat Kendra of the college organized a seminar-cum-counseling session for young girls in association with Inner Wheel Club of Shivalja. Guest speaker Dr. Binda Singh (famous psychiatrist) talked on the topic "Stress management in adolescence" and counseled the girls who approached her with some dilemma. Guest speaker Dr. Nidhi Singh (consultant Obs & Gyn) talked about Menstruation problems and how to handle it. Students freely discussed their problems with her.



 A Mental health awareness webinar on 9/03/2022 on the topic "Stress management and sleep hygiene". Expert Dr. Shailendra Kumar Mishra, MD Psychiatry (IMS BHU), Asst Prof, Govt Medical College, Banda, UP was the speaker.



2nd lecture in the "Creating mental health Awareness" series was organized on 17th May'2022. The topic was "Global Thinking Local Action". Renowned psychologist Dr. Mukesh Kishore was the honourable speaker.







- A poster making competition was organized on 12th July'21 on the following themes:
 - Sexually Transmitted Diseases
 - Birth Control Methods

Dr. Renu Sinha, Incharge, JaiPrabha Hospital was the chief guest cum Judge on the occasion. She interacted with students about the theme and answered their queries.







• An awareness lecture to prevent breast cancer and cervical cancer in collaboration with Inner Wheel Club of Shivalja and Inner Wheel club of Vanshree was organized on 19.07.21. The guest speaker Dr. Manisha Singh, Associate director and HOD with the help of real life images, eloquently explained the early symptoms and detection of breast cancer. She further talked about the causes and treatment options available at various stages of cancer.







 organized a fitness run for health awareness with motto FITNESS KI DOSE AADHA GHANTA ROZ on 27/08/21.



 A webinar on Cervical Cancer on 21.01.22. Dr. Nidhi, MBBS, PG Obs Gynec extensively talked about symptoms and preventive measures of cervical cancer focusing on an early detection. She also campaigned for vaccination and screening. Her talk was followed by queries from girls which she answered.



 The Sehat Kendra of Ganga Devi Mahila Mahavidyalaya organized a virtual talk show on 15/01/22 on the Importance of nutrition in the current pandemic situation. The keynote speaker, Dr. G. M. Kumar is a famous health expert who has served as Chief Dietician at PMCH.







Ganga Devi Mahila Mahavidyalaya, Patliputra University, Patna

Organises
A Virtual Sehat talk Show
on
Importance of Nutrition & Covid 19



Keynote Speaker DR. G.M KUMAR Ex Chief Dietitian, PMCH

Date - 15.01.2022, Time -5pm, Through Zoom App

Organiser

Principal

Dr. Sajla Shilpi Nodal Officer RRC

Prof. (Dr.) Manibala



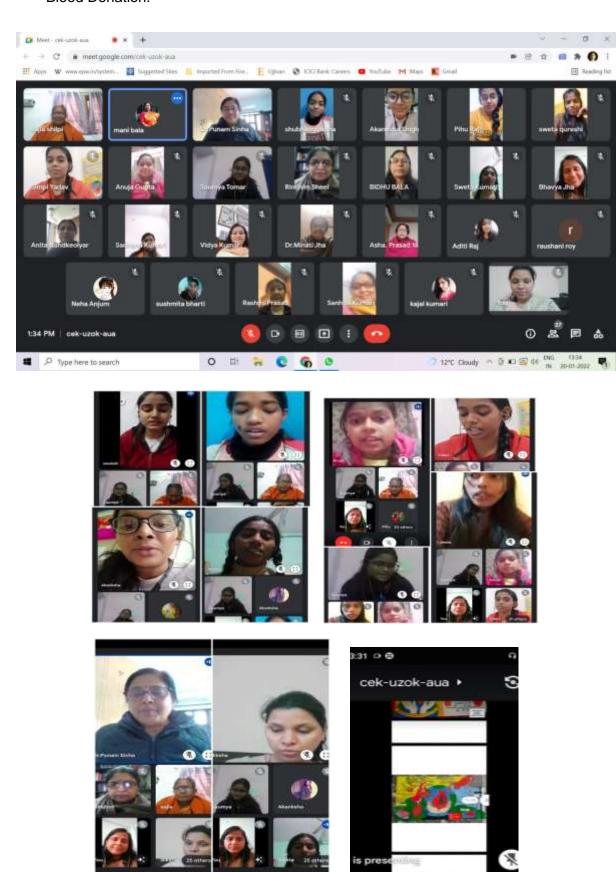
Health checkup camp in the college campus on the occasion of Women's day. – 8th
 March by Mediversal Hospital.



 GDMM in collaboration with Jay Prabha Medanta Hospital organized a health talk show to create awareness about breast cancer. Dr. Niharika Roy, Sr. Consultant, Breast services, Medanta Hospital was the speaker.



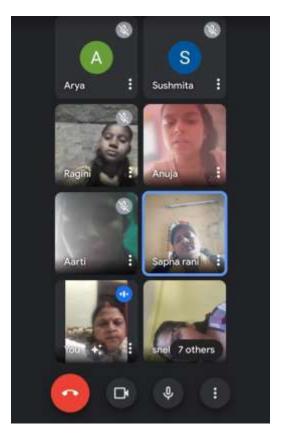
 Online Speech and poster making Competition, January 20th, 2022 on the Topic-Blood Donation.



 Department of Home Science in collaboration with NSS organized a yoga camp in the campus to celebrate the International Yoga Day on 21st June'22.

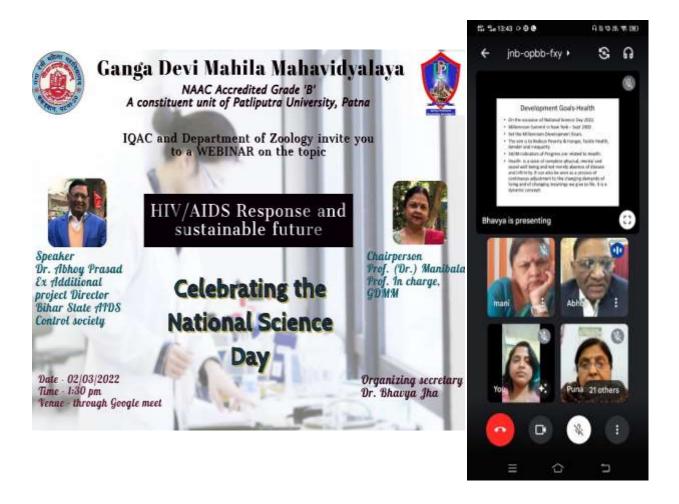


 NSS organized an online speech competition on importance of blood donation on 14th June'22.





• Science day Webinar on HIV/AIDS response and sustainable future.



01 अक्टूबर 2022 को राष्ट्रीय स्वैच्छिक रक्तदान दिवस पर राज्य स्तरीय पेंटिंग प्रतियोगिता का आयोजन गंगा देवी महिला कॉलेज में आयोजित है।



















Red Ribbon Club Quiz on 19.10.22

Sweta Kumari and Arya Anand of BA Part III (Hons) Pol Sc and English, respectively represented our college at District Level Quiz Competition organized by BSACS.









Bihar State AIDS Control Society, Patna

Red Ribbon Quiz - 2022 (Season -3)

District Level Quiz Competition

Date: 19th October, 2022

District: Patna

Venue: Magadh Mahila College, Patna



 Mega Health Camp with free consultation and health check up was organized in GDMM Campus by PathKind Diagnostics on 16.11.2022





 An outreach program by NSS unit of GDMM was conducted to spread awareness about Deaddiction on 16.11.2022.





A free comprehensive Eye Check Up Camp was organized by Sri Sai Lions
Netralaya on 21st Nov'22 in GDMM campus. Vision Test, Computerized Eye
Check-Up, Refractive Error Correction, Cataract IOP test, Glaucoma checkup
and other facilities were provided.



