



## GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC accredited grade 'B'  
Lohiya Nagar, Kankarbagh, Patna  
A constituent unit of Patliputra University, Patna



### 7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words

#### **Institutional Distinctiveness: Health Awareness**

##### 1. Goal

- To create awareness and education to our students and promote health and fitness.
- To promote awareness and provide basic solutions to women health issues.
- To provide skills and tools to support healthy lifestyles
- To enable the students to develop a scientific point of view of health.
- To provide information about health and its value as community asset.
- To develop and promote mental health.
- To develop a sense of civic responsibility.

##### 2. Context

Awareness plays a key role in our approach to improving access to health-care. Health awareness empower communities, medical professionals, patients with appropriate tools, information and skills so that they can make high-quality, informed decisions on prevention, diagnosis, treatment, care and support. Health campaigns for prevention, early diagnosis and awareness specially in women related issues are conducted regularly in colleges. Moreover, Health awareness programmes targeting student realm is also conducted, wherein efforts are made to raise awareness about the mental health continuum, reduce stigma associated with mental illness, depression and aid through personal counseling.

*Bisha*  
IQAC Co-ordinator  
GDM Mahavidyalaya  
Kankarbagh, Patna-20

*Mani Bala*  
PRINCIPAL  
GANGA DEVI MAHILA MAHAVIDYALAYA  
KANKARBAGH, PATNA-20

We have a Sehat Kendra which was established last year, as a pilot project of State Health Society, Bihar and Bihar State AIDS Control Society, under Department of Health, Govt. of Bihar, efforts are on in expansion of this services. Until now, we have been utilizing the space and facility for creating awareness through lectures, seminars and competitions, on health issues, particularly related to women and weaker sections of the society. This includes, Family planning, Diseases of women, HIV/AIDS, sexual wellness, STDs, TB, blood donation etc.

During Corona, the Kendra assisted in carrying out vaccination in the society at the college premises.

Now the space and facility is also carrying out activities with support from local doctors. We have started a clinic facility for providing free consultation. Six different specialist doctors provide weekly consultations on designated days.

Healthy body and mind can achieve anything.

This initiative should go a long way in obtaining the vision and achieving the motto of the college.

#### 4. Evidence of Success

- Sehat Kendra of the college organized a seminar-cum-counseling session for young girls in association with Inner Wheel Club of Shivalja. Guest speaker Dr. Binda Singh (famous psychiatrist) talked on the topic “Stress management in adolescence” and counseled the girls who approached her with some dilemma. Guest speaker Dr. Nidhi Singh (consultant Obs & Gyn) talked about Menstruation problems and how to handle it. Students freely discussed their problems with her.

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Kankarbagh, Patna-20

*Mani Bala*  
PRINCIPAL  
GANGA DEVI MAHILA MAHAVIDYALAYA  
KANKARBAGH, PATNA-20

- A Mental health awareness webinar on 9/03/2022 on the topic “Stress management and sleep hygiene”. Expert Dr. Shailendra Kumar Mishra, MD Psychiatry (IMS BHU), Asst Prof, Govt Medical College, Banda, UP was the speaker.
- 2nd lecture in the “Creating mental health Awareness” series was organized on 17th May’2022. The topic was “Global Thinking Local Action”. Renowned psychologist Dr. Mukesh Kishore was the honourable speaker.
- 3rd lecture in the “Creating mental health Awareness” series was organized on the topic “Mental Health is a universal human right” on 18.10.2023. Dr. Mukesh Kishore, renowned Psychologist and author was the speaker.
- A poster making competition was organized on 12th July’21 on the following themes:
  - Sexually Transmitted Diseases
  - Birth Control Methods
- Dr. Renu Sinha, Incharge, JaiPrabha Hospital was the chief guest cum Judge on the occasion. She interacted with students about the theme and answered their queries.
- An awareness lecture to prevent breast cancer and cervical cancer in collaboration with Inner Wheel Club of Shivalja and Inner Wheel club of Vanshree was organized on 19.07.21. The guest speaker Dr. Manisha Singh, Associate director and HOD with the help of real life images, eloquently explained the early symptoms and detection of breast cancer. She further talked about the causes and treatment options available at various stages of cancer.
- organized a fitness run for health awareness with motto FITNESS KI DOSE AADHA GHANTA ROZ on 27/08/21.
- A webinar on Cervical Cancer on 21.01.22. Dr. Nidhi, MBBS, PG Obs Gynec extensively talked about symptoms and preventive measures of cervical cancer focusing on an early detection. She also campaigned for vaccination and screening. Her talk was followed by queries from girls which she answered.
- The Sehat Kendra of Ganga Devi Mahila Mahavidyalaya organized a virtual talk show on 15/01/22 on the Importance of nutrition in the current pandemic situation. The keynote speaker, Dr. G. M. Kumar is a famous health expert who has served as Chief Dietician at PMCH.

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- Health checkup camp in the college campus on the occasion of Women's day. – 8th March by Mediversal Hospital.
- GDMM in collaboration with Jay Prabha Medanta Hospital organized a health talk show to create awareness about breast cancer. Dr. Niharika Roy, Sr. Consultant, Breast services, Medanta Hospital was the speaker.
- Online Speech and poster making Competition, January 20th, 2022 on the Topic- Blood Donation.
- Department of Home Science in collaboration with NSS organized a yoga camp in the campus to celebrate the International Yoga Day on 21st June'22.
- NSS organized an online speech competition on importance of blood donation on 14th June'22.
- Science day Webinar on HIV/AIDS response and sustainable future.
- State level Painting competition on Blood donation was organized in our college on under the aegis of BSACS on 01/10/22.
- Sweta Kumari and Arya Anand of BA Part III (Hons) Pol Sc and English, respectively represented our college at District Level Quiz Competition organized by BSACS.
- Mega Health Camp with free consultation and health check up was organized in GDMM Campus by PathKind Diagnostics on 16.11.2022
- An outreach program by NSS unit of GDMM was conducted to spread awareness about Deaddiction on 16.11.2022.
- A free comprehensive Eye Check Up Camp was organized by Sri Sai Lions Netralaya on 21st Nov'22 in GDMM campus. Vision Test, Computerized Eye Check-Up, Refractive Error Correction, Cataract IOP test, Glaucoma checkup and other facilities were provided.
- awareness march on World AIDS Day

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 IQAC Co-ordinator  
 GDM Mahavidyalaya  
 Kankarbagh, Patna-20

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## 7.3.1 - Portray the performance of the Institution in one area distinctive to its priority and thrust within 200 words

### Institutional Distinctiveness: Health Awareness

#### Health Centre of the college





Dental Health Check up (09.01.24)

## GANGA DEVI MAHILA MAHAVIDYALAYA

Kankarbagh, Patna- 20

(A Constituent Unit of Patliputra University)

Ref. PLC/07/2024

Date. 08.01.24

### OFFICE OF THE PRINCIPAL

### NOTICE

A free health awareness camp is going to be organized by IQAC, Ganga Devi Mahila Mahavidyalaya, Patna in Collaboration with Mediversal Hospital, Patna. Dr. Nidhi Singh and Dr. Shrishti with their skilled medical acumen will make the students aware about health and hygiene.

Date: 10-01-2024

Time: 01:00PM- 02:00PM

Venue: Conference Hall



*Rheal*  
08.01.2024  
PRINCIPAL  
GANGA DEVI MAHILA MAHAVIDYALAYA  
KANKARBAGH, PATNA-20

Google

GPS Map Camera

Patna, Bihar, India

Viklang bhawan hospital, H5X2+VMR, Housing Board Colony,

Kankarbagh, Patrakar Nagar, Patna, Bihar 800020, India

Lat 25.599291°

Long 85.151598°

09/01/24 11:56 AM GMT +05:30

An awareness lecture on PCOS, gynaecological health and cervical cancer was organised in collaboration with Mediversal maatri hospital on 10.01.24





Students of GDMM participated in Awareness marathon organized by BSACS on World AIDS Day at Gandhi Maidan, Patna. Additionally, an awareness march was organized by the college in the neighbourhood on 01.12.23.






Third talk in the series of “Creating mental Health Awareness” was organized by the Sehat Kendra and IQAC on the topic “Mental Health is a universal human right” on 18.10.2023. Dr. Mukesh Kishore, renowned Psychologist and author was the speaker.


**Ganga Devi Mahila Mahavidyalaya**  
NAAC Accredited Grade 'B'  
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Sehat Kendra and IQAC invite  
you to a talk on the topic



**Speaker**  
Dr. Mukesh Kishore  
Psychologist and Author

**Mental health is a  
universal human  
right**



**Chairperson**  
Prof. (Dr.) Manibala  
Prof. in charge, GDMM

Creating  
Mental Health  
Awareness

Date - 18/10/2023  
Time - 1 pm  
Venue - Conference  
Hall





Eye Checkup camp by Sai Netralaya





Students of GDMM participated in poster making, extempore and storytelling competition organized by BSACS on the occasion of National Youth Day on 22.08.2023.





A march with posters and cycle rally with slogans was organized under the aegis of Sehat Kendra and BSACS to create awareness about population control on the occasion of World Population Day (11.07.23). Principal Prof Mani Bala, Rtd. Principal Prof. Kanchan Chakkiyar and other faculties were present on the occasion.



Yoga Day was celebrated on 21<sup>st</sup> June'23. Students as well as Teachers participated enthusiastically.







A free comprehensive Eye Check Up Camp was organized by Sri Sai Lions Netralaya on 21<sup>st</sup> Nov'22 in GDMM campus. Vision Test, Computerized Eye Check-Up, Refractive Error Correction, Cataract IOP test, Glaucoma checkup and other facilities were provided.





An outreach program by NSS unit of GDMM was conducted to spread awareness about Deaddiction on 16.11.2022.



Mega Health Camp with free consultation and health check up was organized in GDMM Campus by PathKind Diagnostics on 16.11.2022



Red Ribbon Club Quiz on 19.10.22

Sweta Kumari and Arya Anand of BA Part III (Hons) Pol Sc and English, respectively represented our college at District Level Quiz Competition organized by BSACS.





01 अक्टूबर 2022 को राष्ट्रीय स्वैच्छिक रक्तदान दिवस पर राज्य स्तरीय पेंटिंग प्रतियोगिता का आयोजन गंगा देवी महिला कॉलेज में आयोजित है।











- Department of Home Science in collaboration with NSS organized a yoga camp in the campus to celebrate the International Yoga Day on 21<sup>st</sup> June'22.





NSS organized an online speech competition and a poster competition on importance of blood donation on 14<sup>th</sup> June'22.





2<sup>nd</sup> lecture in the “**Creating mental health Awareness**” series was organized on 17<sup>th</sup> May'2022. The topic was “Global Thinking Local Action”. Renowned psychologist Dr. Mukesh Kishore was the honourable speaker.



A Mental health awareness webinar on 9/03/2022 on the topic “Stress management and sleep hygiene”. Expert Dr. Shailendra Kumar Mishra, MD Psychiatry (IMS BHU), Asst Prof, Govt Medical College, Banda, UP was the speaker.



**Health checkup camp** in the college campus on the occasion of Women's day. – 8<sup>th</sup> March by Mediversal Hospital.



**अंतर्राष्ट्रीय महिला दिवस 2022**  
**मेडिवर्सल मल्टी सुपर स्पेशलिटी हॉस्पिटल**  
**एवं गंगा देवी महिला महाविद्यालय**  
द्वारा आयोजित  
**नि : शुल्क जांच शिविर**  
**परामर्श के लिए मिलें**  
सुबह 10:00 बजे से लेकर दोपहर 1:00 बजे तक  
8 मार्च 2022  
मेडिवर्सल मल्टी सुपर स्पेशलिटी हॉस्पिटल, कंकड़बाग, पटना -800020  
संपर्क - 0612 3500010/11

GDMM in collaboration with Jay Prabha Medanta Hospital organized a health talk show to create awareness about breast cancer. Dr. Niharika Roy, Sr. Consultant, Breast services, Medanta Hospital was the speaker.





Science day Webinar on HIV/AIDS response and sustainable future.



**Ganga Devi Mahila Mahavidyalaya**  
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IQAC and Department of Zoology invite you  
to a WEBINAR on the topic

**HIV/AIDS Response and  
sustainable future**

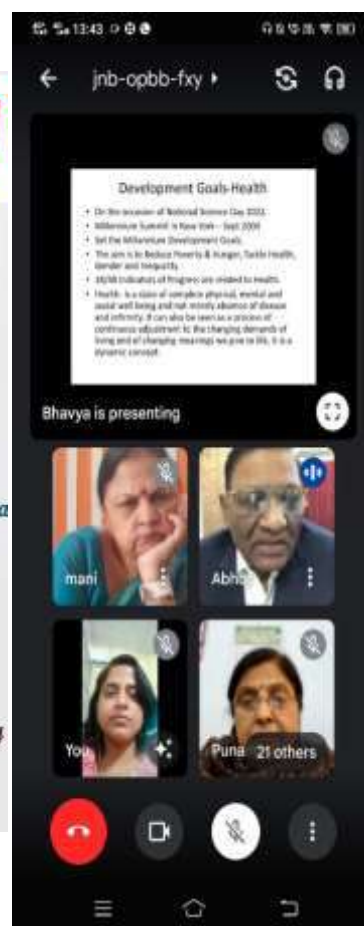
**Celebrating the  
National Science  
Day**

**Speaker**  
Dr. Abhoy Prasad  
Ex Additional  
project Director  
Bihar State AIDS  
Control society

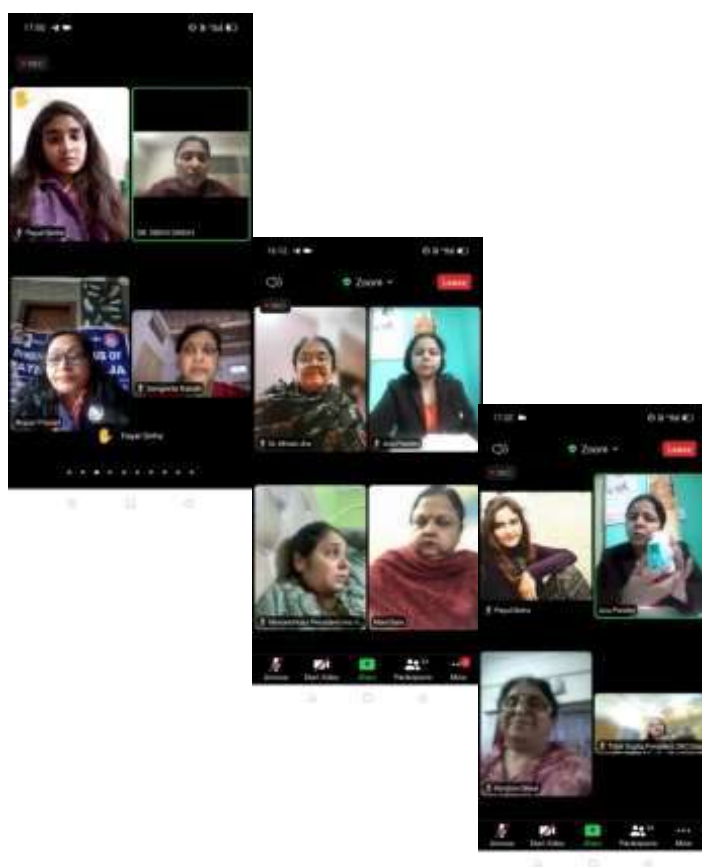
**Chairperson**  
Prof. (Dr.) Manibala  
Prof. In charge,  
GDMM

**Organizing secretary**  
Dr. Bhavya Jha

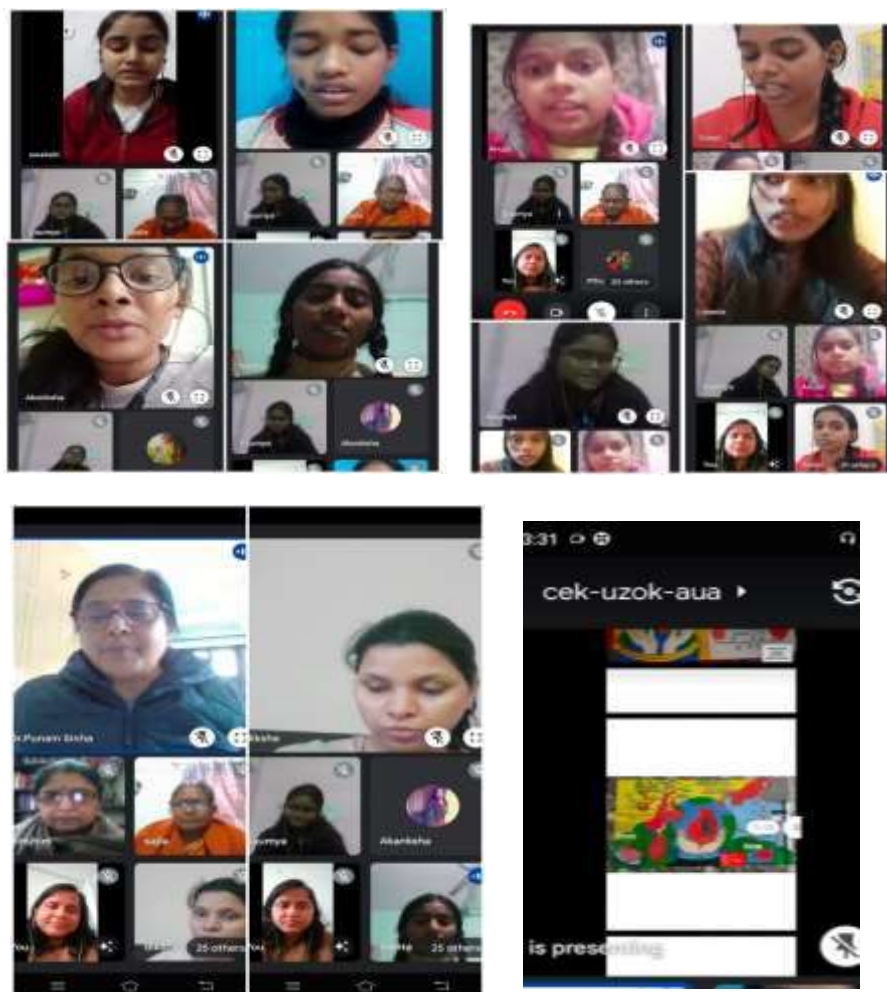
Date - 02/03/2022  
Time - 1:30 pm  
Venue - through Google meet



A webinar on Cervical Cancer on 21.01.22. Dr. Nidhi, MBBS, PG Obs Gynec extensively talked about symptoms and preventive measures of cervical cancer focusing on an early detection. She also campaigned for vaccination and screening. Her talk was followed by queries from girls which she answered.



Online Speech and poster making Competition, January 20th, 2022 on the Topic- Blood Donation.





The Sehat Kendra of Ganga Devi Mahila Mahavidyalaya organized a virtual talk show on 15/01/22 on the Importance of nutrition in the current pandemic situation. The keynote speaker, Dr. G. M. Kumar is a famous health expert who has served as Chief Dietician at PMCH.



**Ganga Devi Mahila Mahavidyalaya, Patliputra  
University, Patna**

**Organises**  
**A Virtual Sehat talk Show**  
**on**  
**Importance of Nutrition & Covid 19**



**Keynote Speaker**  
**DR. G.M KUMAR**  
**Ex Chief Dietitian, PMCH**

**Date - 15.01.2022, Time -5pm, Through  
Zoom App**

<b>Organiser</b>	<b>Principal</b>
<b>Dr. Sajla Shilpi</b> <b>Nodal Officer RRC</b>	<b>Prof. (Dr.) Manibala</b>



Sehat Kendra of the college organized a seminar-cum-counseling session for young girls in association with Inner Wheel Club of Shivalja. Guest speaker Dr. Binda Singh (famous psychiatrist) talked on the topic “Stress management in adolescence” and counseled the girls who approached her with some dilemma. Guest speaker Dr. Nidhi Singh (consultant Obs & Gyn) talked about Menstruation problems and how to handle it. Students freely discussed their problems with her.



IQAC organized a fitness run for health awareness with motto **FITNESS KI DOSE AADHA GHANTA ROZ** on 27/08/21.





An awareness lecture to prevent breast cancer and cervical cancer in collaboration with Inner Wheel Club of Shivalja and Inner Wheel club of Vanshree was organized on 19.07.21. The guest speaker Dr. Manisha Singh, Associate director and HOD with the help of real life images, eloquently explained the early symptoms and detection of breast cancer. She further talked about the causes and treatment options available at various stages of cancer.



The poster is for an awareness lecture organized by Ganga Devi Mahila Mahavidyalaya, a constituent unit of Patliputra University, Patna. It features a large pink and teal ribbon graphic in the background. The text is as follows:

**Ganga Devi Mahila Mahavidyalaya**  
(NAAC accredited Grade 'B')  
A constituent unit of Patliputra University, Patna

In association with  
**Inner Wheel Club Shivalja & Vanshree**

Invites you all to a lecture on

**Awareness to prevent Breast Cancer and Cervical Cancer**

**Speaker**  
**Dr. Manisha Singh**  
Associate Director and H.O.D.,  
Medical Oncology,  
Mahavir Cancer Sansthan

**Chairperson**  
**Prof. Manibala**  
Principal  
GDMM, PPU

**Follow Up Quiz host**  
**Mrs. Shweta Chaudhary**  
&  
**Mrs. Vandana Agarwal**

**Date – 19<sup>th</sup> July '21**  
**Time – 11:30 am**  
**Venue- Seminar Hall,**  
**GDMM, PPU**

**Organizers:**  
**Inner Wheel**  
**Shivalja Club**  
&  
**Vanshree**



A poster making competition was organized on 12th July'21 on the following themes:

- Sexually Transmitted Diseases
- Birth Control Methods

Dr. Renu Sinha, Incharge, JaiPrabha Hospital was the chief guest cum Judge on the occasion. She interacted with students about the theme and answered their queries.





World Blood Donor's Day celebration on 14.06.2021

On the occasion of  
**World Blood Donors' Day**

□ **A** □ **B** □ **O** □ **AB**

**Ganga Devi Mahila Mahavidyalaya**  
( NAAC Accredited Grade B )  
is organising a Webinar on

With the theme: **Give Blood..Keep the World Beating**  
On 14th June, 2021 at 4 PM

<b>Speaker</b> Dr. Abhoy Prasad APD Bihar Aids Control Society Director STBC	<b>Chairperson</b> Prof. Mani Bala Principal, GDMM	<b>Coordinator</b> Dr. Jyoti Mala Asst. Professor Dept. of Philosophy
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World Yoga Day celebration on 21.06.21



**Ganga Devi Mahila Mahavidyalaya  
Patliputra University, Patna**



**Invites All**

**To The Virtual Celebration of International Yoga Day  
21st June 2021**

**Theme**

**Be with yoga, Be at home**



**Abhishek Karn**

**Yoga Expert**

**Patanjali Yogpeeth, Haridwar**

**Date 21st June 2021, Time 4pm Through  
Zoom App**

**Organizer**

**Dr. Vidya (Asst. Prof.)  
Dept. of Home Science**

**Chairperson**

**Prof. Mani Bala  
Principal, GDMM**



# GANGA DEVI MAHILA MAHAVIDYALAYA

NAAC Accredited 'B'

A constituent unit of Pataliputra University



## SURYA NAMASHKAR



### Benefits

of Surya  
Namashkar

- A. It improves the blood circulation of all the important organs of the body.
- B. Improves the functioning of the heart and lungs.
- C. Strengthens the muscles of the arms and waist.
- D. Makes the spine and waist more flexible.
- E. Helps in reducing the fat around the abdomen and thus reduces weight.
- F. Improves digestion.



Name:-Payal Sinha  
Class:-BSc part-II Botany(Hons.)







**NAME-SARBIL KUMARI**

**CLASS-BA 2ND YEAR**

**HONS-POLITICAL  
SCIENCE**



**Abhaya Mudra**



**Yoga Mudra**



**Meao Mudra**



**Tarjani Mudra**



**Prana Mudra**



**Shoonya Mudra**



**Gayn Mudra**



**Mushtika Bandhana**



**Surya Mudra**



**Janvi Anand  
BA 1st year**

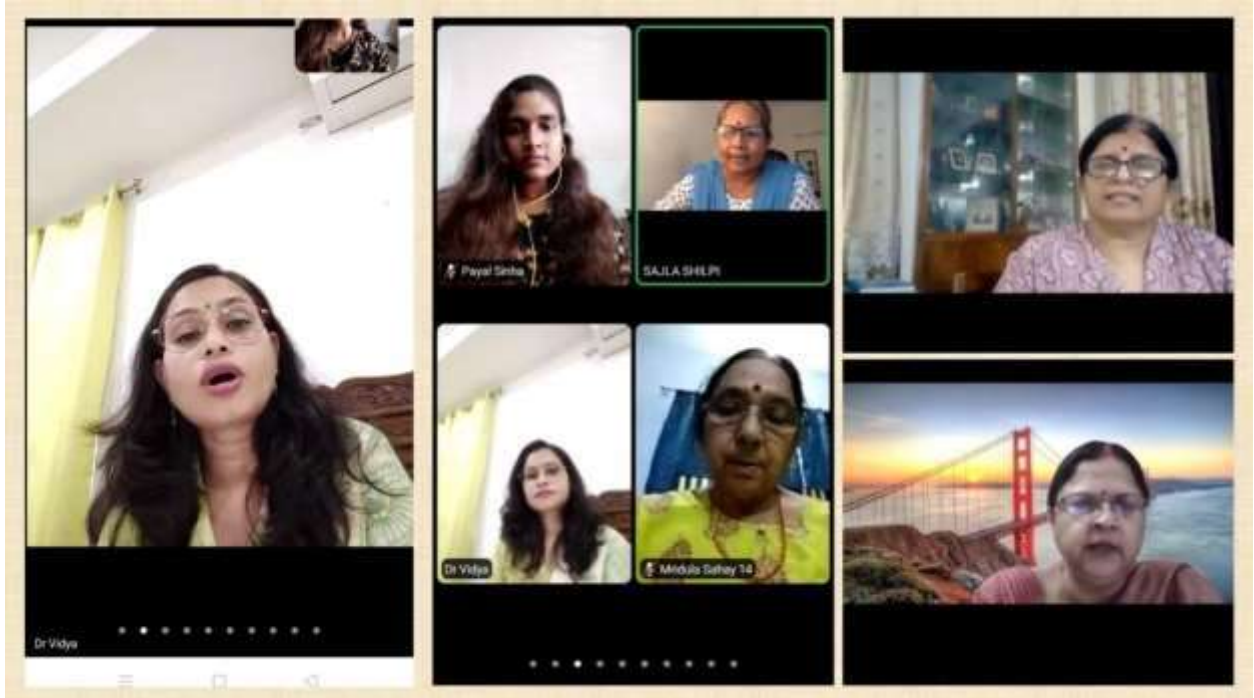
**Political  
Science(Hons.)**

**Name - Jyoti Kumari  
Class - B.Sc 1st Year  
Sub - Zoology Hons  
Topic - Yoga Photo Collage**



**Name:- Akriti Bharti  
B.A part-I  
Botany (Hons.)**





BSACS Youth Health Dialogue college level (01.03.21) and state level (08.03.21) program









Eye Checkup Camp by Sri Sai Reliance Netralaya on 19.01.2021







Blood Donation and Prize Distribution programme on  
29.12.2020

**स्वैच्छक रक्तदान कार्यशाला - सह - पुरस्कार वितरण समारोह**  
**(युवा - संचार 2020 ऑनलाइन प्रश्नोत्तरी प्रतियोगिता)**

**29 दिसम्बर 2020**

**राज्य स्वास्थ्य परिवार कल्याण संस्थान भवन, शेखपुरा, पटना**

 "होती नहीं कमजोरी नहीं होती थकान,  
हर स्वस्थ व्यक्ति कर सकता है तीन माह पर रक्तदान।"









Online Quiz Competition by Red Ribbon Club from 7.10.2020 to 10.10.2020





Webinar of Department of Zoology on the Topic," Covid19 vaccine: Immunological perspective and challenges" on 12.10.2020





Pictures of Webinar Organized on the Topic, "Biochemical and Genomics perspectives of SARSCoV-2 Virus: How much do we need to know?" on 23.09.2020

**Ganga Devi Mahila Mahavidyalaya, Patna**  
(NAAC Grade -B)  
(A Constituent Unit of Patliputra University, Patna)  
Department of Chemistry and Department of Botany  
cordially solicit your presence for the

**WEBINAR**  
On the topic  
**"Biochemical & Genomic Perspectives of SARSCoV-2 Virus : How much do we need to know?"**

Venue- On Google Meet  
Date- 23-09-2020  
Time- 12 noon

**Hon'ble Speaker**  
**Prof. Jainendra Kumar**  
Former Dean, Faculty of Science  
Magadh University, Bodh Gaya and Patliputra University, Patna  
Former DSW, Patliputra University, Patna  
Founder Co-ordinator, Dept. of Biotechnology,  
College of Commerce, Arts & Science, Patna  
Former Head, PG Department of Botany, College of Commerce, Arts & Science, Patna  
Former Principal, College of Commerce, Arts & Science, Patna

**Prof. (Dr.) Reeta Kumari Singh**  
Principal  
Ganga Devi Mahila Mahavidyalaya  
Patna

**वेबिनार में 'कोविड-19 की प्रकृति' पर हुई चर्चा**

पटना. गंगा देवी महिला कॉलेज में केमिस्ट्री और बॉटनी विभाग की ओर से ऑनलाइन वेबिनार का आयोजन किया गया. इसका विषय 'कोविड-19 वायरस की प्रकृति' था. मुख्य वाक्ता के तौर पर डी जयनेंद्र कुमार थे. उन्होंने रक्तजंग से इस वायरस के स्ट्रक्चर, इसकी कार्य प्रणाली और इसके रोकथाम पर चर्चा की. स्वाइड के जरिये इसके लक्षण और कैसे इससे बचना चाहिए इन बातों के बारे में बताया. कॉलेज की प्राचार्या प्रो रीता कुमारी सिंह ने सभी प्रतिभागियों को इस बीमारी से बचकर रहने की सलाह दी. केमिस्ट्री विभाग की एचओडी डॉ प्रमिला शर्मा ने विषय वस्तु के बारे में विस्तार से बताया. कार्यक्रम का संचालन प्रो रिमझिम शर्मा ने किया जबकि धन्यवाद ज्ञापन वनस्पति विभाग की डॉ बिमला चौधरी ने किया. इस दौरान लगभग 125 लोगों ने भाग लिया.

**Ganga Devi Mahila Mahavidyalaya, Patna**  
(NAAC Grade -B)  
(A Constituent Unit of Patliputra University, Patna)

**WEBINAR**  
Date- 23-09-2020  
Time- 12 noon

**Dr. Pramila Sharma**  
Associate Prof.  
HOD, Chemistry & Bursar  
Convenor

**Dr. Punam Sinha**  
Assistant Professor  
Dept. of Botany  
Co-ordinator

**Prof. Rimjhim Sheel**  
Professor  
Dept. of Botany  
Organizing Secretary

**Ajay Kumar Ajay**  
Assistant Prof.  
Dept. of Chemistry  
Co-ordinator

**Dr. Sarita Sinha**  
Associate Professor  
Dept. of Botany  
Co-ordinator

**Sweta Gupta**  
Assistant Prof.  
Dept. of Botany  
Co-ordinator

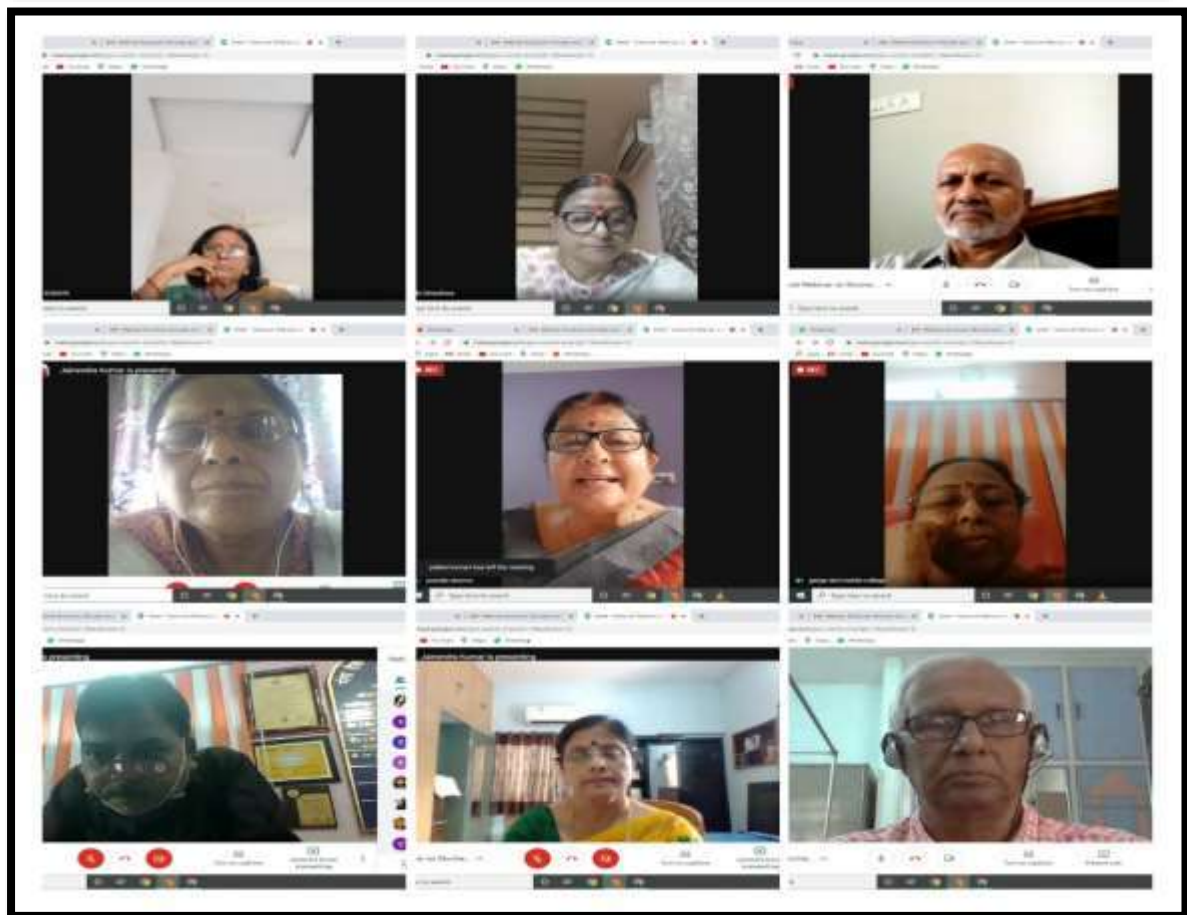
**Dr. Himia Choudhary**  
Associate Prof.  
HOD, Dept. of Botany  
Convenor

**Dr. H.N Singh**  
Assistant Prof.  
Dept. of Chemistry  
Co-ordinator

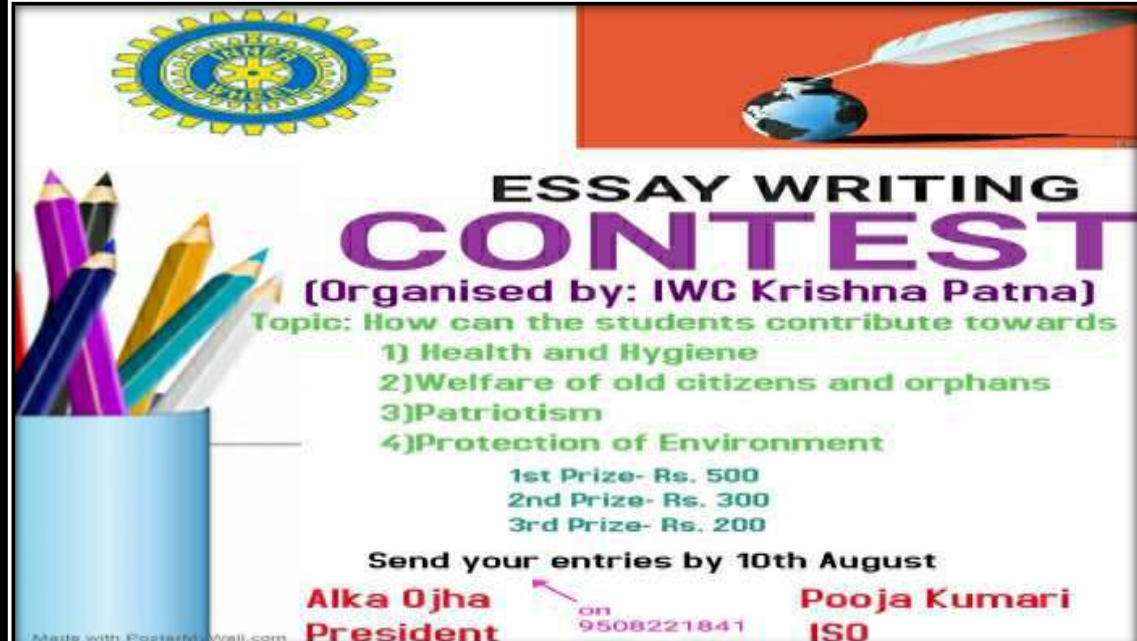
**Dr. Dina Nath**  
Technical Support

Platform : Google Meet - <https://meet.google.com/gvo-wxmh-xmp>  
Registration Form : <https://forms.gle/AgynHc7VXwx7XQV48>





Pictures of Essay writing Competition Organized From 8.08.20.to 10.08.20



The poster features a blue gear logo at the top left, a quill pen with a globe at the top right, and a cup of colored pencils on the left. The main text is in large, bold, purple letters. Below the title, it lists the topic and four themes. Prizes are listed in green. The deadline is in bold black. At the bottom, the organizers' names and contact information are provided in red and black.

**ESSAY WRITING  
CONTEST**  
[Organised by: IWC Krishna Patna]  
Topic: How can the students contribute towards  
1) Health and Hygiene  
2) Welfare of old citizens and orphans  
3) Patriotism  
4) Protection of Environment  
1st Prize- Rs. 500  
2nd Prize- Rs. 300  
3rd Prize- Rs. 200  
Send your entries by 10th August  
Alka Ojha President on 9508221841 Pooja Kumari ISO

Made with PosterMyWall.com



The certificates are arranged in a 1-2 grid. Each certificate has a blue and white border with a gear logo at the top. The text is in blue and black. The first certificate is for Payal Sinha (First Position). The second and third certificates are for Jiya Sinha (Second Position) and Puja Kumari (Third Position). Each certificate includes the name of the club president and the club's contact information.

**Certificate of Appreciation**  
IS PRESENTED TO  
**Payal Sinha**  
**First Position**  
For her excellent performance in the event organized by the club  
ALEKA OJHA Club President Pooja Kumari Club ISO

**IWC PATNA KRISHNA**  
District 225, Chapter No. 4442  
**Certificate of Appreciation**  
IS PRESENTED TO  
**Jiya Sinha**  
**Second Position**  
For her excellent performance in the event organized by the club  
ALEKA OJHA Club President Pooja Kumari Club ISO

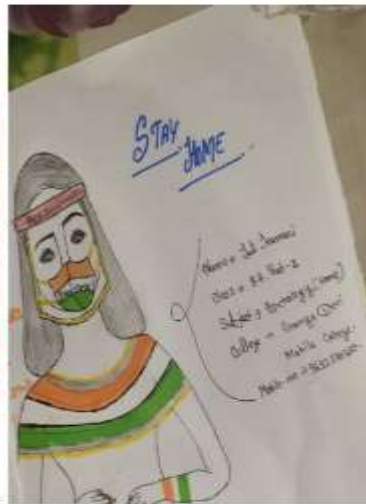
**IWC PATNA KRISHNA**  
District 225, Chapter No. 4442  
**Certificate of Appreciation**  
IS PRESENTED TO  
**Puja Kumari**  
**Third Position**  
For her excellent performance in the event organized by the club  
ALEKA OJHA Club President Pooja Kumari Club ISO





International Youth Day Celebration on 12.08.2020









# Stress Management in the Era of Coronavirus Lockdowns on 18.07.20



**GANGA DEVI MAHILA MAHAVIDYALAYA**  
NAAC GRADE "B"  
CONSTITUENT UNIT OF PATLIPUTRA UNIVERSITY

PRESENTS

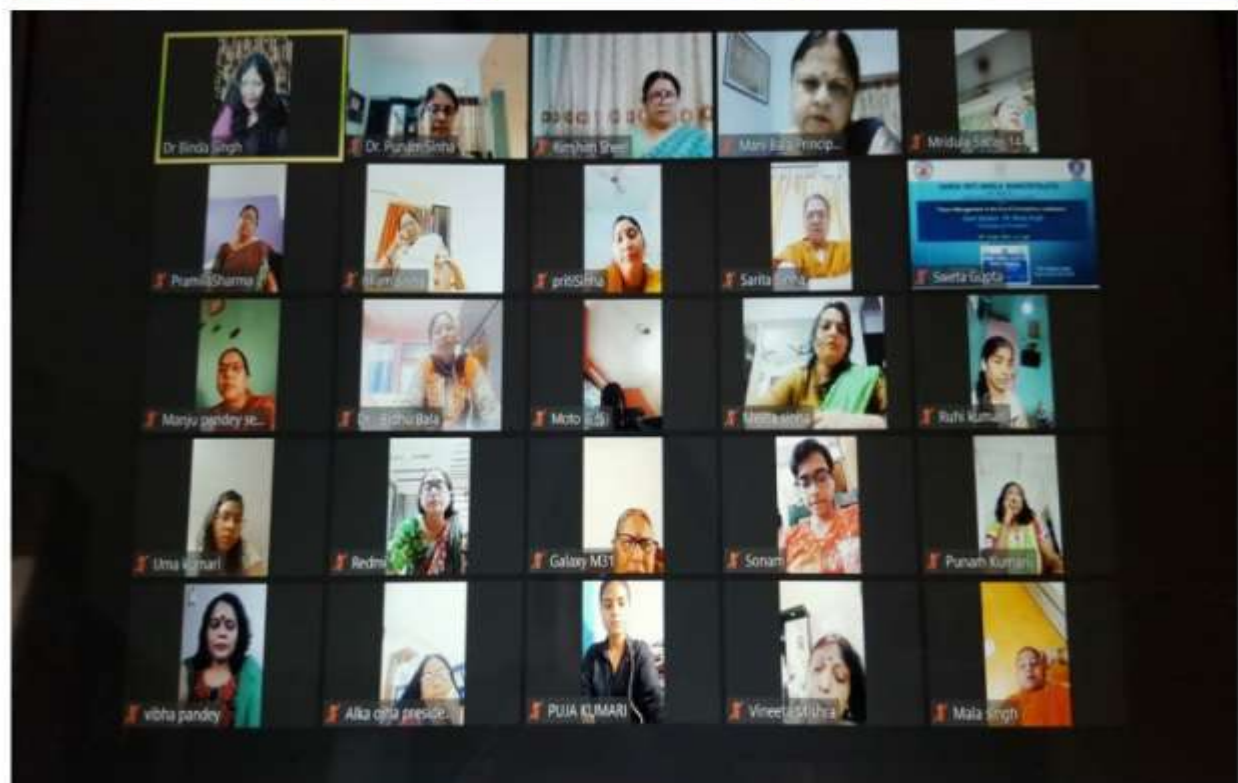
**"Stress Management in the Era of Coronavirus Lockdowns"**  
Guest Speaker : Dr. Binda Singh  
Psychologist & Psychiatrist  
ON  
**18<sup>th</sup> of July 2020 at 12 pm**

IN ASSOCIATION WITH

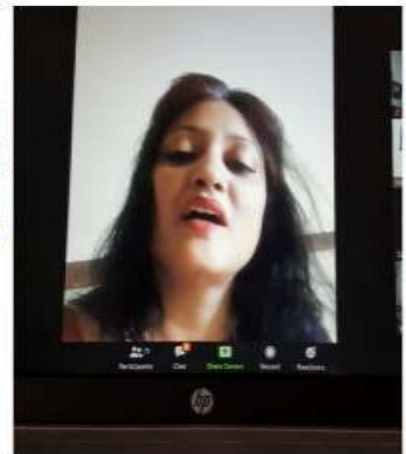
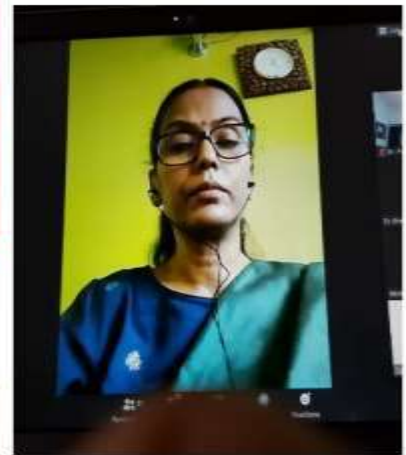
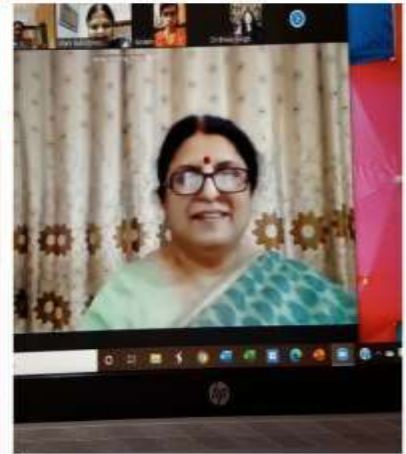
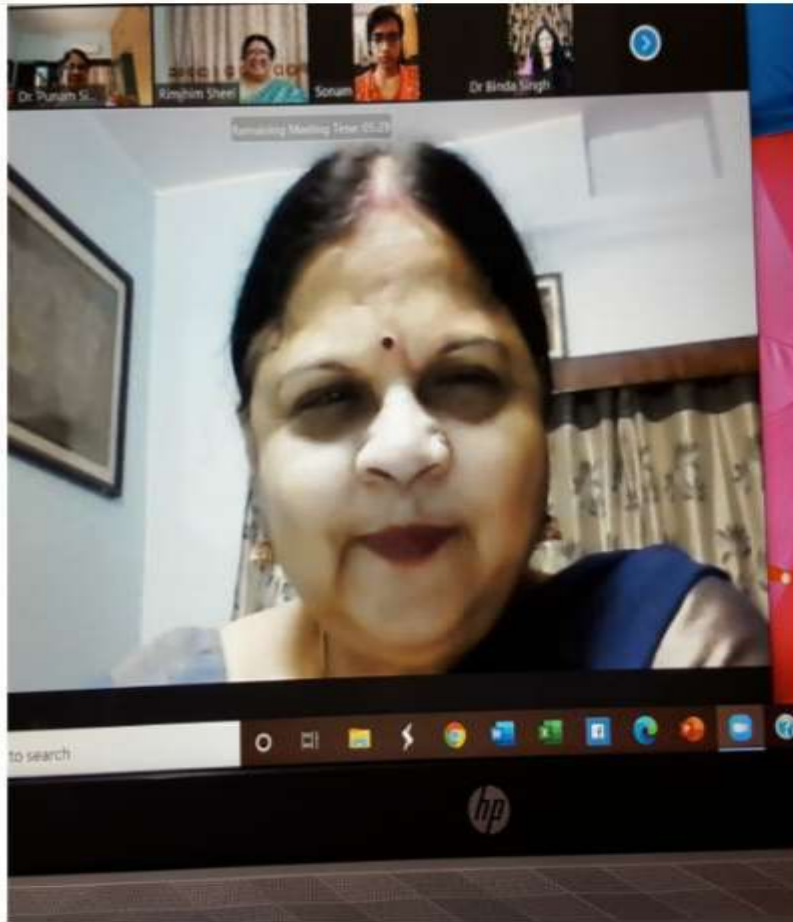
**INNER WHEEL CLUB OF  
PATNA SHIVALIA**  
IW DIST 325 • CHARTER NO 6842

Prof. Mani Bala  
Principal, GDMC

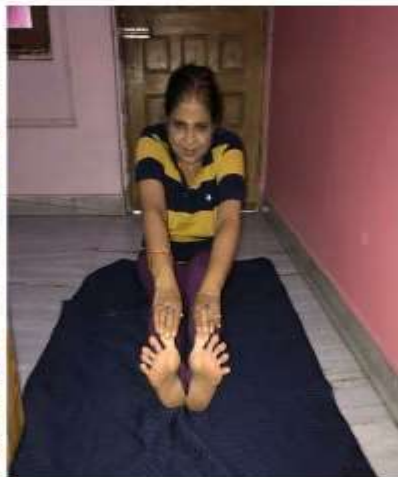
Prof. Rimjhim Sheel  
Proctor & Nodal Officer EBSB







## International Yoga day celebration on 21.06.2020





## International yoga day



**GURUDASANA**



**BHADRASANA**



**GOUMOUKHASANA**



**VRIKSHASANA**



**PARVATASANA**



**CHAKRASANA**



**KONASANA**



**PADMASANA**



**USHTRASANA**

**Ganga Devi Mahila  
Mahavidyalaya E.B.S.B  
club**



# Ganga Devi Mahila Mahavidyalaya



Mishee Sinha



GANGA DEVI MAHILA MAHAVIDYALAY

SURYA NAMASKARA  
BY PAYAL SINHA

BSc Part-1(Botany Hons)

**EBSB**

COORDINATE BY- Prof.RIMJHIM SHEEL

# Webinar and Quiz competition on International Yoga Day



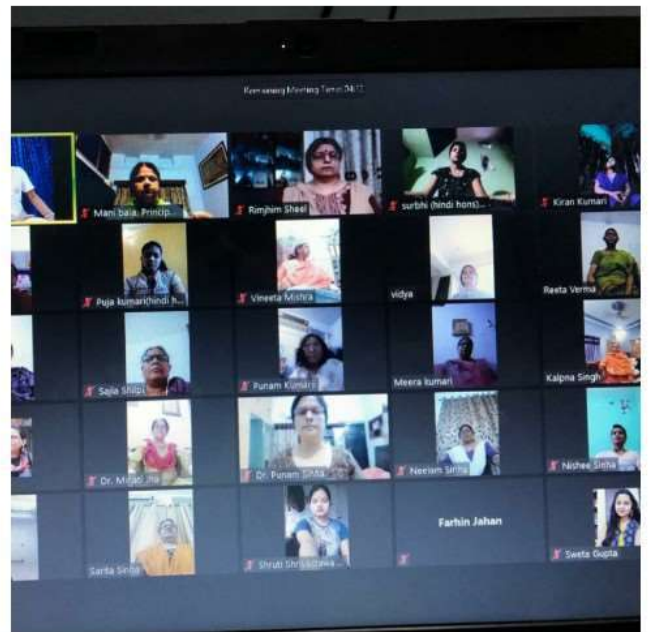
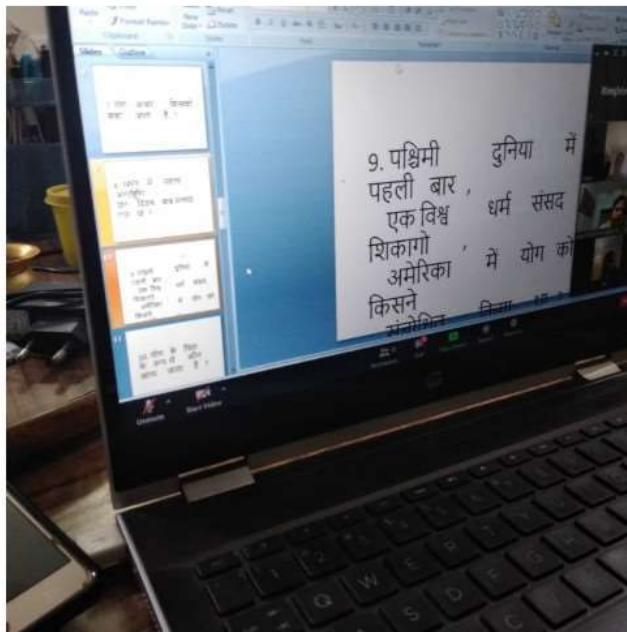
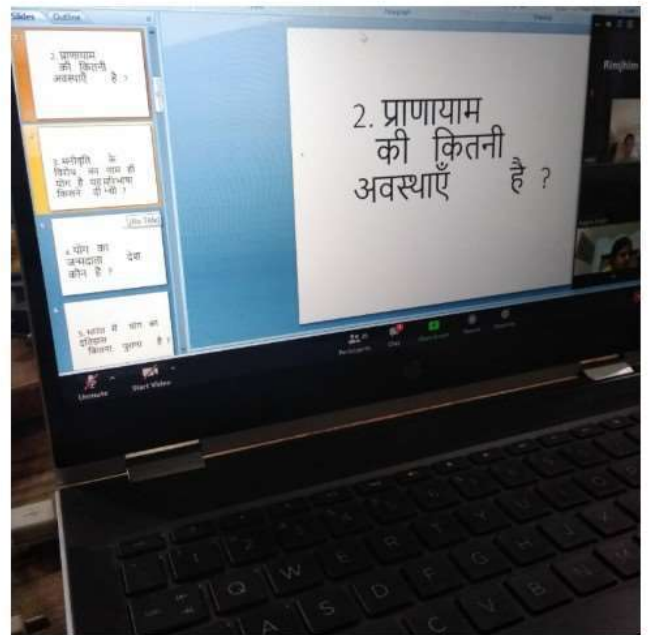
Date - 21st June 2020, Time - 5:00pm to 6:00pm, Through Zoom App

**Organizer**

**Dr. Vidya (Asst. Prof.)**

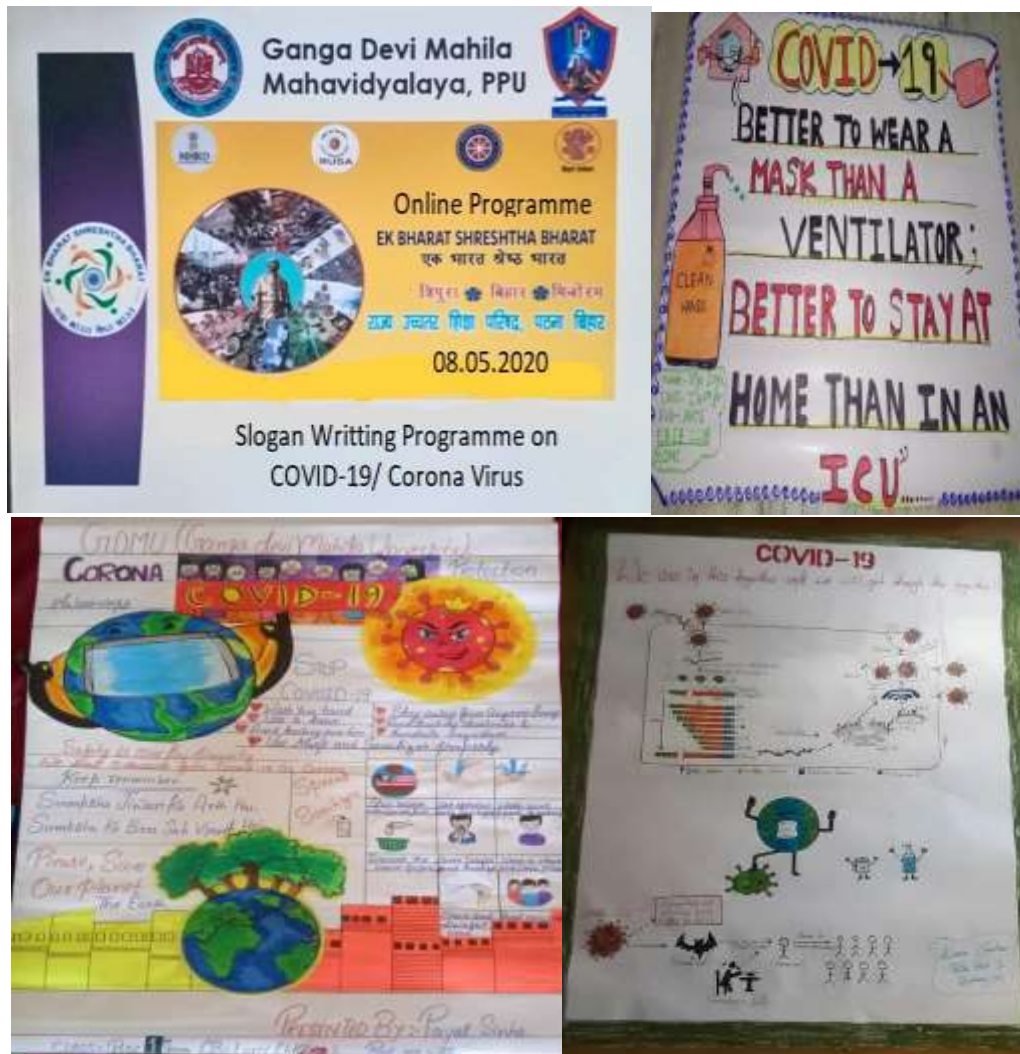
**Principal**

**Prof. (Dr.) Manibala**





## slogan writing competition held on 8.05.2020







## Online Quiz E-Certificates of students





## Certificate of Participation

MyGov congratulates

*Ruchi Kumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Aarti Kumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Agushikumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Mona Kumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Simya Kumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Mamgal jai*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Shakshi Kumari*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Asha Soni*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My



## Certificate of Participation

MyGov congratulates

*Sandhya Singh*

for successfully completing the Quiz on COVID-19.  
We appreciate your effort. Protect yourself and others!  
Download the Aarogya Setu App and visit [corona.mygov.in](https://corona.mygov.in)  
for more information.

CEO My





0304 200

S.L	class	Name	Roll	Signature	Contact No.
1	B.A. (Part I)	Nandani Singh	76	Nandani Singh	939727602
2	"	Juli Kumari	159	Juli Kumari	906505285
3	B.Sc (Part I)	Anshu Priya	22	Anshu Priya	6287720336
4	B.A. (HISTORY)	Shravan Kumari	480	Shravan Kumari	8102237012
5	B.Sc (Part I)	Nishu Kumari		Nishu Kumari	
6	B.A. (Part I)	Nimra Kumari	99	Nimra Kumari	708128503
7	B.A. (Part II)	Swati Kumari	957	Swati Kumari	
8	B.A. (Part II)	Ruchi Kumari	135	Ruchi Kumari	7102723750
9	B.A. (Part II)	Chandna Kumari	151	Chandna Kumari	731881902
10	B.A. (Part II)	Sweety Kumari		Sweety Kumari	
11	B.A. (Part I)	MONA KUMARI		MONA KUMARI	
12	B.A. (Part I)	KOMAL KUMARI		KOMAL KUMARI	
13	B.A. (Part I)	Shilpi Kumari	96	Shilpi Kumari	620046426
14	B.Sc (Part I)	Payal Sinha	37	Payal Sinha	8581037117
5	B.Sc (Part I)	Tiya Sinha	36	Tiya Sinha	7903269577
6	B.A. (Part I)	Anuja	711	Anuja	6201471034
7	B.A. Part I	Sweta Kumari	170	Sweta Kumari	9661714157
8	B.A. Part I	Simpi Kumari		Simpi Kumari	7321811462
9	B.Sc (Part I)	Anshu Kumari		Anshu Kumari	8207789312
10	B.Sc (Part I)	Somayya Singh		Somayya Singh	6205004293
11	B.A. (Part I)	Anshul Kumari		Anshul Kumari	7070317778
12	B.A. I	H. Anjali Kumari		Anjali Kumari	8292719207
13	B.A. I	Purnima Kumari		Purnima Kumari	72097771831
14	B.A. I	Isha Kumari		Isha Kumari	9608367750
15	B.A. I	Anjali Mishra		Anjali Mishra	
16	B.A. I	Kajal Kumari		Kajal Kumari	
17	B.A. I	Kajal Kumari		Kajal Kumari	
18	B.Sc I	Manu Raji	32	Manu Raji	8210566066
19	B.Sc I	Raj Sarovar Sinha	8	Raj Sarovar Sinha	9472608195
20	B.A. I	Sweta Kumari		Sweta Kumari	

31	Kajal Kumari	
32	Anshu Priya	
33	Juli	
34	Kumari Nisha	6200492077
35	Khusboo Kumari	887232642 - 60264
36	Priya Kumari	5122242432 - 602
37	Fakhra Praveen	7491132430 - 602
38	Jahanni	9775228188
39	Somant Kumari	duplicate
40	Nirma	duplicate
41	Anjali Kumari	
42	Swati Kumari	
43	Shruti Kumari	60222432
44	Tanisha Kumari	7465003949
45	Akshita	
46	Najuk Kumari	7319811926
47	Khushruma Praveen	9654512942
48	Anuradha Subham	7821284261
49	Khushti Raj (Eng)	
50	Suman Kumari (Hindi)	
51	Khushti Raj	Eng IH - 8629306006
52	VAISHA Kumari	" - 6202633972
53	Snaha Raj	" - 9471972545
54	Arya Anand	" - 9693436952
55	SAYNA SHIKAN	" - 9973422939
56	HANSI Gupta	" - 9570622991
57	Somam K.	" - 9665538224
58	Khushti K. (3/21/2)	" - 8409086279
59	TANHA Rani	" - 9472055709
60	Avantika K.	H.S.E - 6203663648
61	Deepti Tati	" - 6200492091
62	Manish Kumari	7633899853
63	Khushti	9168246826

4.8.20

What's up

E Conference - 10th - 11th Aug, 20 for the adolescent girls of India between the age of 12-23 years, to advocate them about the "Preventable Health Disorders in Adolescents" (PHD in adolescents), through the stalwarts of FOGSI, who are dedicated for the betterment of adolescent. FOGSI has planned - ① poster competition

② Slogan competition

Theme :- Poster competition  
Prevention of Adolescent Health

Slogan competition :-

Theme :- Prevention of Adolescent Health

The last date - 5th Aug, 2020



63. Tamara (Math)	B.Sc II	- 34 88161 301	
63. Ritu K.	-	- 9041679257	
64. Sadina K.	-	- 8789042313	
65. Sneha K.	-	- 9798207352	
66. Manisha K.	- 200 H	- 7633879853	
67. Anshu Kumari	- Sociology	- 9386664843	B.A.II
68. Shreya Bharti	- Sociology	- 7482484596	B.A.II
69. Kajal K.	- I.A.II	- 930423623	(B.C.)
70. Anshu K.	- I.A.I	- 9913126544	(B.C.)
71. Shweta K.	- I.A.II	- 9955813257	(B.C.)
72. Rani K.	- B.A.II	- 8540879011	(B.C.)
73. Sonali Kumari	- B.Sc Part II	- 6201018363	(B.C.)
74. Sonali Kumari B.A.I	-	- 9122356950	(B.C.)
75. Nisha Kumari	- B.A.II (Reg)	- 9277417089	(B.C.)
76. Anshu Kumari	-	- 9504308022	(B.C.)
77. Priya Kaur/Ranjan	- I.A (Hons)	- 8797117629	
78. Riya Mandira	- B.A (Hons)	- 9311516295	
79. Anjali Kumari	- B.A.II (Hons)	- 9931817225	
80. Rubi Kumari	- B.A.II	- 9973017221	
81. Nisha Kumari	- (B.A.II (Hons))	- 9546913821	
82. Aditi Raj	- B.A.II (Hons)	- 7061922809	
83. Khushi	-	- 9122446140	
84. Saumya	-	- 6206552229	
85. Shreya Rani	-	- 8799375722	
86. Kajal Kumari	-	- 8877721078	
87. Pooja Kumari	-	- 7463034250	
88. Beauty Kumari	- B.A.II (Hons)	- 8084054241	
89. Dimple Kumari	- B.A.II History	- 7340985321	
90. Suman Kumari	- B.A.II (Hons)	- 8084718451	

26-8-21

### Red Ribbon Quiz

Name	Signature of Student	Roll	Signature
1. Rambha Kumari	B.A.II (Sociology), Roll - 9341	443160	Rambha Kumari
2. Sneha Kumari	B.Sc III Physics, Roll - 850	7143663	Sneha Kumari
3. Khushboo Kumari	- B.A.II H (Psychology)	- 7061537344	Khushboo Kumari
4. Babli Kumari	- B.A.II H (Economics)	- 7268779023	Babli Kumari
5. Pooja Kumari	- I.A.II	- 7294109405	Pooja Kumari
6. Anjali Kumari	- B.A.II H (Eng)	- 7050108989	Anjali Kumari
7. Nibha Kumari	- I.H (Hist)	- 9135295548	Nibha Kumari
8. Jyoti Kumari	- I.A.II	- 923941290	Jyoti Kumari
9. Sandhya Gupta	- I.A.II	- 7277250878	Sandhya Gupta
10. Riya Ranjan	- I.A.II	- 8797117629	Riya Ranjan

25-8-21

31-8-21

## New India @ 75 Core Group = II Phase

आज दिनांक 20.10.21 (बुधवार) को मेलायावन के फोरस्ट तले मौजिला भी गई। जिसमें निम्नलिखित छात्राओं ने भाग लिया :-

- ① MISHA BHARTI - B.A.I H (200) - I
- ② Deepthi TETE - B.A.II H (H.se) - III
- ③ SWETA KUMARI - B.A.I H (Pol.se) - II
- ④ ANUJA KUMARI - B.A.I H (Pol.se) - I
- ⑤ Ishu kumari - B.A.II H (Pol.se) ✓
- ⑥ Shital Kumari - B.A.I H (Pol.se)
- ⑦ Avantika Kumari - B.A.II H (H.se)
- ⑧ Jiya - B.se. II (MATHS) ✓
- ⑨ Kajal Kumari - B.A.II H (H.se)

निम्नलिखित शिक्षिकाओं की प्रथम, द्वितीय व तृतीय स्थापना का निर्माण किया -

शिक्षिकाएँ :-

- ① डा. वनम सिन्हा (Bot) - *Transcribe*
- ② डा. ललिता सिन्हा (Bot) - *श्रीरा कुमारी* *→ Shriya Singh; 20/10/21*
- ③ डा. श्रीरा कुमारी H.se ✓
- ④ डा. विदुषा H.se *→ विदुषा*
- ⑤ डा. वरुण जग (200) - *Klati*
- ⑥ सजला बिर्मा *→ Pankaj Kumar* *20/10/2021*
- ⑦ Dr PANKAJ KUMAR - (PHY)

Sajla Shilpi  
Nodal officer  
NSS Prog. officer

Topic :- Family Planning in the present scenario - with respect to food security Bill, 2013

Imp<sup>ce</sup> of Family Planning in present scenario & Food Security Bill, 2013.  
(सहाह)

खाद्य सुरक्षा निश्चय के पैमाने पर 23.11.21  
इसका स्वरूप भारतीय संदर्भ में इसरी दिवस -  
- DR. Vijay Singh (MOP, etc.)

आवासीय इकाई की :-

Maltus (economist)

जनसंख्या की वृद्धि की रफ्तार - जामिनी दर  
खाद्य रफ्तार - जमीनी दर

Prevention :-

जनसंख्या में कमी लाकर  
इसके तरीके :- अनिवार्य (समय पर विवाह), संयम रखना  
① family planning.

इसपर check नहीं किया जाएगा तब यह भी करती है। बाढ़, भूकंप  
श्रम - यह भी नहीं।

साथ सुरक्षा का काम - मात्रा (quantity) गुणवत्ता, उपलब्धता,  
food habits हैं।

Main food intake = 1800 K.cal.

37% जनसंख्या भारत की गरीबी रेखा के नीचे की है।

यह आंकड़ा 1999 वर्ष का है।

खाद्य सुरक्षा - निश्चय पैमाने पर

80 करोड़ - under nutrition और mal nutrition है।

यह संख्या विकसित व विदेशी देशों की भी है।

विकास के अर्थ इसका मतलब यह नहीं है industrial  
development अधिक होता है। Non veg country में  
main goat को खिलाने के लिए meat की मांग होती है। परमाणु

इसके बहतर लोहे गए। गरीब देश जबतक इस प्रथा को  
न बदलें रहेंगे। लेकिन औद्योगिकीकरण की लड़ाई में विकसित

देश विकास की दृष्टि से इसकी स्थिति खराब होती  
गई। उद्योग में वह महारत अधिक की जाती है।



महाराष्ट्र सरकार, मुंबई 26.11.21

पत्र सं. ११८/२०२१  
दिनांक २६/११/२१

प्रतिमान १०० ग्राम से अधिक होना चाहिए

१. अनाज, दाल
२. सब्जी, फल
३. अनाज, दाल, सब्जी, फल
४. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
५. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
६. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
७. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
८. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
९. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल
१०. अनाज, दाल, सब्जी, फल, अनाज, दाल, सब्जी, फल

26.11.21 दिनांक २६/११/२१

प्रतिमान १०० ग्राम से अधिक होना चाहिए

१. अनाज, दाल, सब्जी, फल
२. अनाज, दाल, सब्जी, फल
३. अनाज, दाल, सब्जी, फल
४. अनाज, दाल, सब्जी, फल
५. अनाज, दाल, सब्जी, फल
६. अनाज, दाल, सब्जी, फल
७. अनाज, दाल, सब्जी, फल
८. अनाज, दाल, सब्जी, फल
९. अनाज, दाल, सब्जी, फल
१०. अनाज, दाल, सब्जी, फल
११. अनाज, दाल, सब्जी, फल
१२. अनाज, दाल, सब्जी, फल
१३. अनाज, दाल, सब्जी, फल
१४. अनाज, दाल, सब्जी, फल
१५. अनाज, दाल, सब्जी, फल
१६. अनाज, दाल, सब्जी, फल
१७. अनाज, दाल, सब्जी, फल

महाराष्ट्र सरकार, मुंबई 26.11.21

प्रतिमान १०० ग्राम से अधिक होना चाहिए

NSS

Medivarsal

Women's Day Per Health check-up.

Date : 08.03.2022.

Signatures:-

1. Romi Kumari
2. Vikash Kumar
3. Arch Kumar (8210330797)
- 4.
- 5.

Alcaeni  
Priya Darbey  
9311711989

Teachers:-

1. Sunita Sazon
2. Rachana Jain
3. Kalpana Singh
4. Tyoti Mala
5. Mr. Abha Akhouri
6. Dr. Kiran Kumari
7. Shikha Singh
8. Vidya
9. Sayle Shilpi

Webinar

Googlemeet

"Analysis of India's New Education Policy Through a Gender Lens."

Speaker:

Dr. Suhagini Singh  
Assistant Professor, Dept. of Sociology  
Mahila Shaktikotha Mahavidyalaya  
BASTI, U.P.

10.3.29

प्रवेश परीक्षा - 2023

प्रवेश परीक्षा :-

- ① NISHA KUMARI - B.A.II H (Bjt)
- ② Deepi Tate - B.A.II H (H. K)
- ③ Avantika Kumari - B.A.II H (H. K)
- ④ NABUK KUMARI - B.A.II H (Bjt)
- ⑤ ANVITA KUMARI - B.A.II H - bl. de
- ⑥ SWETA KUMARI - B.A.II H - bl. de
- ⑦ Simpi Kumari - B.A.II H - bl. de

47

10.3.29

National

Science

Examination

2023

सूची 4 अभ्यर्थी - 2023

1. Sreyas H - B.A.II (Sci) - 664 - 7937023334 - [sreyas.h@gmail.com](mailto:sreyas.h@gmail.com)
2. Sreyas K. A. A. I. (Sci) - 664 - 7937023334 - [sreyas.h@gmail.com](mailto:sreyas.h@gmail.com)
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22. Sreyas K. A. A. I. (Sci) - 664 - 7937023334 - [sreyas.h@gmail.com](mailto:sreyas.h@gmail.com)



## Importance of Helmet - white riding team wheelers

-12 MARCH, 2022 - 2nd half

Resource person:-

M.R. Anuradha Kumar Bandey

Manager - CSR Division

http://brandcapital.co.in/images/top.jpg-2.jpg

SNR - 9910033213

- |                    |                  |
|--------------------|------------------|
| 1. Subhadra name   | 21. Aniket Kumar |
| 2. Priya Kumar     | 22. Samir Kumar  |
| 3. Sreya Kumar     | 23. Sumit Kumar  |
| 4. Anuradha Kumar  | 24. Samir Kumar  |
| 5. Rishi Kumar     | 25. Samir Kumar  |
| 6. Anuradha Kumar  | 26. Samir Kumar  |
| 7. Anuradha Kumar  | 27. Samir Kumar  |
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| 14. Anuradha Kumar | 34. Samir Kumar  |
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| 28. Anuradha Kumar | 48. Samir Kumar  |
| 29. Anuradha Kumar | 49. Samir Kumar  |
| 30. Anuradha Kumar | 50. Samir Kumar  |

## Project presentation

(21.03.2022 - 24.04.22)

1. Helmet white riding team wheelers
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50. Helmet white riding team wheelers

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Sehat Kendra Report (April - March)			
Name of College	MAHILA MAHABIDYALAYA, PATNA-20	No. of Person	
S.L. Particulars	Date		
1. Inauguration of Sehat Kendra	17.10.21	100	
2. Blood donation		Proposed	
3. Covid Vaccination		5000 names	
4. Name of activity	Topics covered	Date	No. of Person
1. Poster making competition	STDs + BIRTH	12.7.21	14
2. Awareness with the expert (DR. Renu Singh)	STDs + BIRTH	12.7.21	50
3. Exchange Jayprabha Hospital Awareness to find out breast cancer + cervical cancer	Breast cancer	13.7.21	80
4. How to handle menstruation	Menstruation	27.7.21	80
5. Problems			
6. Stress management	Stress management	27.7.21	80
7. Short video competition	AIDS	24.08.21	62
8. Fitness run under the Indian campaign	Health + Fitness	23.08.21	200
9. RRC quiz	AIDS + HIV	04.08.21	4

Date - 30.9.21

Signature

New letter July 2021 (NACO & newsletter)

1. The RRC is one of the main pillars of the health system and it is the responsibility of the RRC to ensure that the health system is functioning properly.
2. The RRC is one of the main pillars of the health system and it is the responsibility of the RRC to ensure that the health system is functioning properly.
3. The RRC is one of the main pillars of the health system and it is the responsibility of the RRC to ensure that the health system is functioning properly.
4. The RRC is one of the main pillars of the health system and it is the responsibility of the RRC to ensure that the health system is functioning properly.

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6 Oct, 21 - Dr. Anurag from NACO visited our Sehat Kendra.  
 1. Oxygen concentrator donated by NACO to Sehat Kendra.

2. Dr. Anurag from NACO visited our Sehat Kendra.  
 1. Oxygen concentrator donated by NACO to Sehat Kendra.

3. Dr. Anurag from NACO visited our Sehat Kendra.  
 1. Oxygen concentrator donated by NACO to Sehat Kendra.

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 1. Oxygen concentrator donated by NACO to Sehat Kendra.

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 1. Oxygen concentrator donated by NACO to Sehat Kendra.

28. Dr. Anurag from NACO visited our Sehat Kendra.  
 1. Oxygen concentrator donated by NACO to Sehat Kendra.

(1) Date: 18.01.22 Time: 5 PM Through Google app.  
Topic: Importance of Nutrition + Comp.  
Keynote Speaker: Dr. G.M. Kumar  
Ex chief Dietitian, PMCH.

(2) Speech Competition - 10/1/22 at 10:30 AM  
Date: 18.1.22 - 12:30 PM  
Topic: Life and philosophy of Vivekananda.  
Ist - Saumya Kumar  
II - SHIVANANGI Sharma  
III - Swati Kumar  
Total - 09 Participants of 7000 Points

(3) 19.1.22 at 10:30 AM / 2000 points  
Topic: Importance of Nutrition + Comp.  
Date: 19.1.22 - 12:30 PM  
Topic: Life and philosophy of Vivekananda.  
Ist - Saumya Kumar  
II - SHIVANANGI Sharma  
III - Swati Kumar  
Total - 09 Participants of 7000 Points

(4) Speech + Poster Making Competition  
Thursday, 20 January - 12:30 - 2:00 PM  
Google Meet. 100 participants.

(5) Inner wheel club Dist - 325  
IWC Ratan Shrivastava + IWC Ganga  
in association with G.D.M. + Ganga College  
Cervical Cancer + Hygiene with Sanitation  
held on 21.1.22. at 4 PM on Zoom.  
- 100 participants.  
Cervical Cancer - Speaker - Nidhi  
Hygiene with Sanitation - Anu Kunder.

(6) Speech Competition - Virtual - on the topic  
"Importance of Blood Donation - Facts  
and Limitations of blood donors under  
the activity Calendar of School Kendra  
for year 2021-22 on 20.1.22.  
Total 10 participants

(7) Poster Competition - virtually - Blood  
donation under the activity Calendar Kendra  
for year 2021-22 on 20.01.22  
No. of participants - 13  
Date - 20.1.22

(8) 26.1.22 - Poster display on  
National Girl Child Day on the  
women theme of Women Empowerment  
on

(9) 27.1.22 Road Safety  
List of Road Safety Ambassadors sent to  
HSS co-ordinated.

22.2.22  
New Elder Sister Shrivastava + Shrivastava  
Date: 22.2.22 for 4th 4th 5th - 835/2022  
10 participants 2000 points  
22.2.22 - Poetry competition

(10) 3.3.22 (Monday) "Stress Management and Stress  
Hygiene"  
Dr. Shailendra Kumar Mishra M.B. Aest. Prof.  
at Govt Medical College, Banda, U.P.  
Creating Mental Health Awareness - 50 participants

(11) 02.3.22 HIV/AIDS response and  
Sustainable future - Google meet - 1:30 PM  
Speakers: Dr. Ashay Prasad.  
Ex additional Project Director  
Bihar State AIDS Control Society.

(12) 18.3.22 - Session on Importance of  
Helmet while riding two wheelers.

(13) 18.3.22 - 10:30 AM  
Date: 18.3.22 at 10:30 AM / 2000 points  
Topic: Importance of Nutrition + Comp.  
Date: 18.3.22 - 12:30 PM  
Topic: Life and philosophy of Vivekananda.  
Ist - Saumya Kumar  
II - SHIVANANGI Sharma  
III - Swati Kumar  
Total - 09 Participants of 7000 Points



International Yoga Day - 21.06.22  
Theme: Yoga for Humanity  
on addition.

Yoga Expert (Yoga) to be invited  
for the day - 21.06.22  
S. No. 85 / 21.06.22 - 23/12/22 - 1439  
Date - 21.06.2022  
At - 11.05.22, 2022 to 21.06.22  
mssscpatna@gmail.com

Plan for Yoga Day - Time - 3.30 to 10.00 am.  
① 21.6.22 - Yoga by expert, Teachers, students.

② 20.6.22 - Poster display by students on the theme "Yoga for Humanity"

Yoga Expert  
S. No. Anshulak. Karna - 21.06.22, 20.06.22, 21.06.22

Yoga Expert	21.06.22	20.06.22	21.06.22
S. No. Anshulak. Karna	21.06.22	20.06.22	21.06.22
Yoga Expert	21.06.22	20.06.22	21.06.22
S. No. Anshulak. Karna	21.06.22	20.06.22	21.06.22

Water for hand  
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8.00 AM  
3.00 PM  
10.00 AM

World Blood Donation Day - 14.06.2022  
Theme: Donating blood is an act of solidarity.  
Join the efforts and save lives.

Virtual meet - Speech competition -  
"Significance of blood donation"  
Tuesday 14.6.22 - 11am - 12.30 pm  
Video call link - <https://meet.google.com/jgf-ctf-...>  
R.R.C. Patna - 14.06.22  
Theme: Donating blood is an act of solidarity.  
Join the efforts and save lives.

Programme - 11.00 AM to 12.30 PM  
① 21.06.22 - 11.00 AM to 12.30 PM  
② 21.06.22 - 11.00 AM to 12.30 PM  
③ 21.06.22 - 11.00 AM to 12.30 PM  
④ 21.06.22 - 11.00 AM to 12.30 PM  
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⑦ 21.06.22 - 11.00 AM to 12.30 PM  
⑧ 21.06.22 - 11.00 AM to 12.30 PM  
⑨ 21.06.22 - 11.00 AM to 12.30 PM  
⑩ 21.06.22 - 11.00 AM to 12.30 PM

Name of participant :-

- ① Komal Kumari - B.A. I H. Sec - 6205504935
- ② Kallika Kumari - " - 6203321500
- ③ Sushmita Kumari - B.A. I H. Sec - 7564915342
- ④ Neel Kumari - " - 9341617469
- ⑤ Anjali - B.A. II H. Sec - 6204711034
- ⑥ Saumya Tamara - " - 9304208510
- ⑦ Arya Anand - B.A. I English - 9693496952
- ⑧ Sweta Kumari - B.A. II H. Sec - 620415609
- ⑨ Sweta Kumari - " " " " - 87048808
- ⑩ Rajini Kumari - B.A. I H. Sec - 7488555747
- ⑪ Sacha Kumari - B.A. II H. Sec - 9304776323

① ARYA ANAND - I  
②

Head of the Institution  
(11) Participants & 03  
of 2000 will participate  
2-1